

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

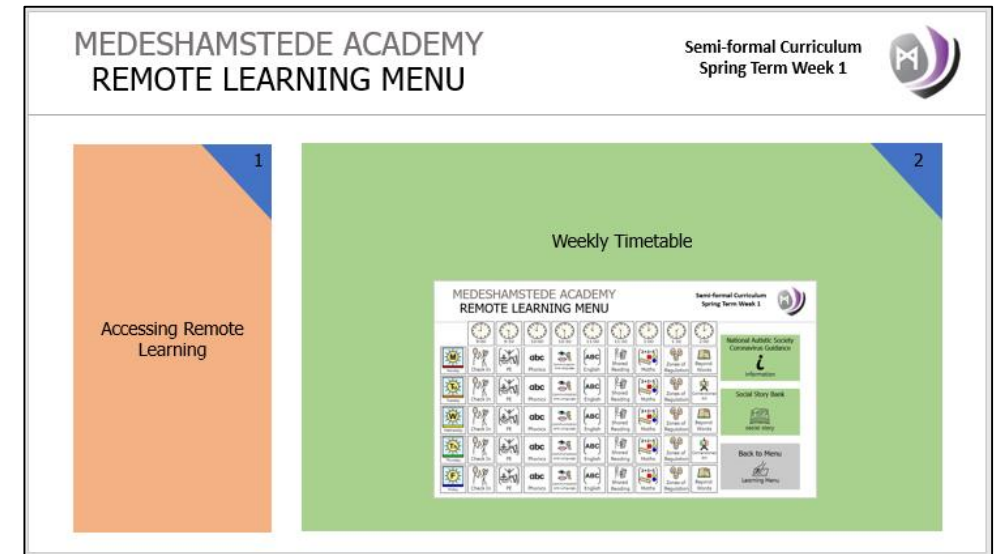
Semi-formal Curriculum
Spring Term Week 3



Welcome to the Semi-Formal Remote Learning Menu.

The timetable in this resource will provide you with a 'menu' of learning sessions for 'stage rather than age' of your child. Your child will be able to select and access their chosen activities and subjects via Microsoft teams throughout the day and week. Sessions will be live as well as recorded to revisit and to access as required.

This menu offers a broad and relevant curriculum, including academic for cognition and learning needs as well as our core offer for therapeutic EHCP provision: Attention Autism, We Thinkers and Think social for communication and interaction and the 'Zones of Regulation' curriculum as part of occupational therapy, sensory, physical, social, emotional and mental health needs. Resources from PE coaches also offer remote physical development activities.



[CLICK TO ENTER THE MENU](#)

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-formal Curriculum
Spring Term Week 3



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Accessing Remote Learning

2

Weekly Timetable

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Accessing Remote Learning

This menu provides your child with a range of lessons in their chosen activities and subjects which can be accessed through the interactive weekly timetable. Some lessons are pre-recorded while others are offered live. Pre-recorded lessons enable your child to revisit lessons or learn at their own pace.

Some lessons may require access to TEAMS or Microsoft stream, on these occasions you will be prompted for your child's username and password. Please contact the school if you require a reminder of your child's username or password.

Guide for accessing
TEAMS



information

Feedback on our remote
learning



feedback

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Learning Menu

MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

Semi-formal Curriculum
Spring Term Week 3



	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30
Monday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words
Tuesday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Cornerstones Art
Wednesday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words
Thursday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Cornerstones Art
Friday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words

National Autistic Society
Coronavirus Guidance

information

Social Story Bank

social story

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Learning Menu

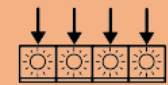


Check In

Join Mr Spalding for a repeatable daily check in and mindfulness activity. In the lesson your child can use the zones map to describe how they feel or their own zones check in at home, which can be created by following the weekly zones of regulation sessions.

This weeks mindfulness focus is 'Lazy 8 Breathing' which is also a tool that your child can add to their zones of regulation toolkit. In the lesson your child will learn to breath using the lazy 8 technique.

Check In



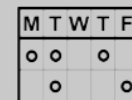
Daily

Zones of Regulation Map



visual support

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Timetable

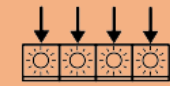


Physical Education

Join our PE Coaches Mr Day and Mr Hodgson for a repeatable daily activity. This week they demonstrate how to create a reaction wall at home.

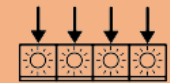
Revisit members of staff from Oak Academy as they guide you and your child on setting up and carrying out a sensory circuit. This lesson explores alerting, organising and calming activities and can be repeated each day to provide a daily sensory circuit for your child.

Sensory Circuits Part 1



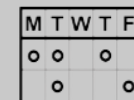
Daily

PE Morning Activity



Daily

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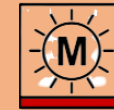
Communication and Language

Join a member of staff from Oak Academy for a series of Communication and Language lessons that explore the story "What do I look Like" by Nick Sharrat. In these lessons your child will develop speech and language by using blanks level one questioning to ask questions, identifying feelings and linking them to the four zones of regulation and creating a photobook of familiar family and friends.

Attention Autism

Join Ms Travers for a repeatable attention autism session to support learners to develop early attention skills.

Lesson 1. What Do I Look Like?



Monday

Lesson 2. Getting to Grips with Graphemes



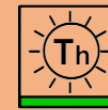
Tuesday

Lesson 3. Perfectly Pronounce Phonemes

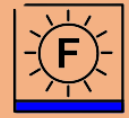


Wednesday

Lesson 4. My Life Story

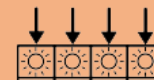


Thursday



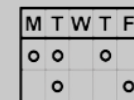
Friday

Attention Magic



Daily

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Timetable

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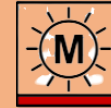
English

Join staff at the Oak Academy to visit the forests of Africa through the story 'Awongaleema'. These lessons provide a blend of phonics, reading and writing.

Phonics

Join Mrs Pembery for a daily repeatable phonics session to develop phoneme and grapheme correspondence linked to the grapheme 's'.

Lesson 6. To box up for purpose



Monday

Lesson 7. How writers create vivid description



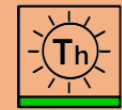
Tuesday

Lesson 8. Write a story using vivid description



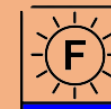
Wednesday

Lesson 9. Write a story part 1



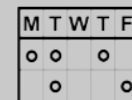
Thursday

Lesson 10. Write a story part 2



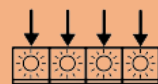
Friday

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Timetable

Daily Phonics Session



Daily

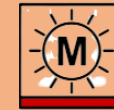


Shared Reading

Join Mrs Pembery for a shared story, choose a story to listen to with your child.

You can repeat the same story each day to support your child's routine and daily structure. Alternatively more independent learners may wish to choose a new story to discover each day of the week.

The Ocean That Changed
Story



Monday

The Odd Egg



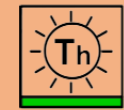
Tuesday

Class Two at the Zoo



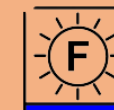
Wednesday

The Memory Tree
Story



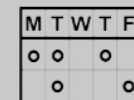
Thursday

The Smeds and the
Smooos



Friday

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Timetable

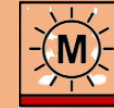


Foundation Maths

Join staff at the Oak Academy to revisit addition and subtraction within 10 in this week long series of lessons.

This series revisits the learning sessions from last week to enable overlearning and assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. Using Manipulatives to count on



Monday

Lesson 2. Adding two numbers



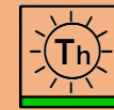
Tuesday

Lesson 3. Understanding the concept of subtraction



Wednesday

Lesson 4. Understanding the concept of subtraction

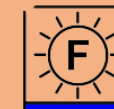


Thursday

Challenge

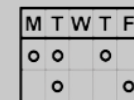
If these lessons are not challenging enough for your child then click here to explore the second series of lessons for calculation strategies within 20.

Lesson 5. Adding and subtracting



Friday

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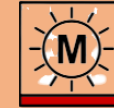
Timetable



Maths

Join staff at the Oak Academy to explore addition and subtraction within 10 in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 6. To use the make 10 strategy Part 2



Monday

Lesson 7. To use make 10 to subtract part 1



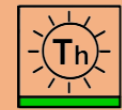
Tuesday

Lesson 8. To use make 10 to subtract part 2



Wednesday

Lesson 9. Mathematical models for addition

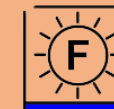


Thursday

Foundation

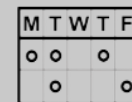
If these lessons are too challenging for your child then click here to explore addition and subtraction within 10.

Lesson 10. Mathematical models for subtraction



Friday

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Timetable

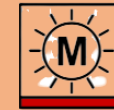


Zones of Regulation

Join Mr Spalding for a series of lessons that explore the zones of regulation. Your child will develop the knowledge and skills to be able to:

- Increase emotional vocabulary by labelling emotions
- Increase ability to understand body language by identifying different facial expressions

Lesson 6. Zones Bingo
Recap



Monday

Lesson 7. Expected and
Unexpected Part 1



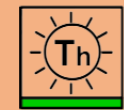
Tuesday

Lesson 8. Expected and
Unexpected Part 2



Wednesday

Lesson 9. Expected and
Unexpected Part 3



Thursday

Zones Check-in Resource
- Printable



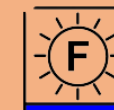
information

Zones of Regulation Map
- Printable



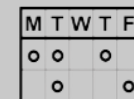
visual support

Lesson 10. Our Behaviour
Impacts Others Feelings



Friday

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Timetable

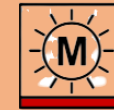


Beyond Words

Join Mr Spalding as we explore the wordless story 'Good Days and Bad Days during Lockdown'.

Bad days and good days explore the Belong Manifesto and strategies to have good days in lockdown. They also look at expected and unexpected behaviours and the feelings of others.

Lesson 4. Read your own story



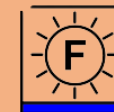
Monday

Lesson 5. Listen to the story



Wednesday

Lesson 6. Answering Questions



Friday

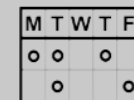
Good Days and Bad Days During Lockdown

Full Printable Story and Teaching Guide



information

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Cornerstones Art

Join Ms Wincott for an art session created around the cornerstones curriculum.

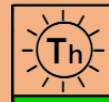
This week Ms Wincott looks at animals and creates a mood board. This series of sessions works towards developing the skills to create an animal printing block.

Lesson 1. Animal Print Art
Lesson 1



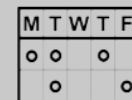
Tuesday

Lesson 2. Listen to the
story



Thursday

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Timetable



Social Story Bank

Social stories present social situations and views so that pupils can make informed decisions about their choices. In many cases this means explaining why other people follow a specific rule and then reinforcing the positive benefit of following this rule.

These stories may be useful in supporting your child to understand social situations and views that are currently impacting them. Including when they are learning from home. These resources have been taken from the MHA Transition Toolkit, a larger resource to support pupils understanding of new rules and transitions linked to Covid 19.

When I am Safer at Home



social story

There is Always a
Schedule



social story

When I Should Learn
From Home



social story

Learning about the
Coronavirus



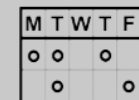
social story

Understanding My Zones



social story

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Timetable