

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

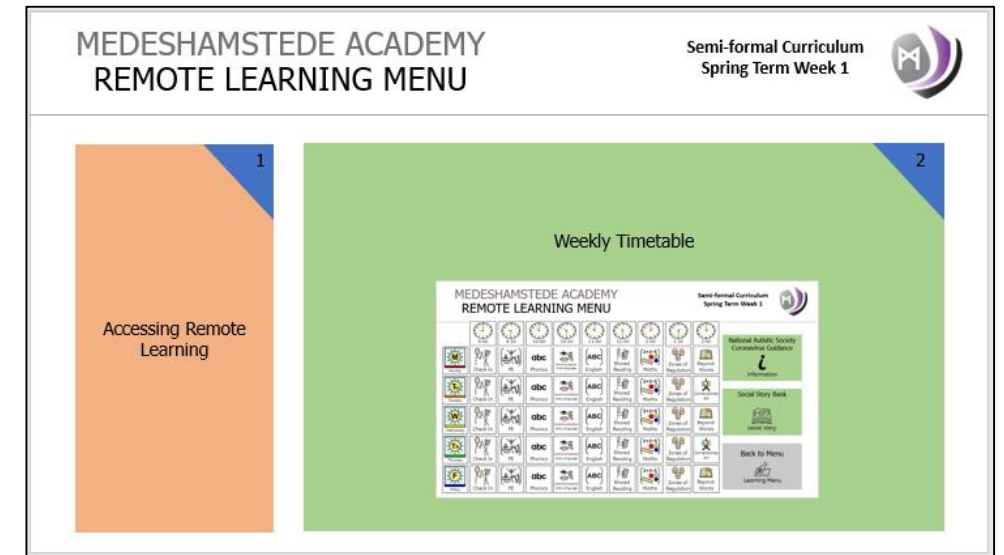
Semi-formal Curriculum
Spring Term Week 2



Welcome to the Semi-Formal Remote Learning Menu.

The timetable in this resource will provide you with a 'menu' of learning sessions for 'stage rather than age' of your child. Your child will be able to select and access their chosen activities and subjects via Microsoft teams throughout the day and week. Sessions will be live as well as recorded to revisit and to access as required.

This menu offers a broad and relevant curriculum, including academic for cognition and learning needs as well as our core offer for therapeutic EHCP provision: Attention Autism, We Thinkers and Think social for communication and interaction and the 'Zones of Regulation' curriculum as part of occupational therapy, sensory, physical, social, emotional and mental health needs. Resources from PE coaches also offer remote physical development activities.



[CLICK TO ENTER THE MENU](#)

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-formal Curriculum
Spring Term Week 2



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Accessing Remote Learning

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Weekly Timetable

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National Autistic Society
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Learning Menu



Accessing Remote Learning

This menu provides your child with a range of lessons in their chosen activities and subjects which can be accessed through the interactive weekly timetable. Some lessons are pre-recorded while others are offered live. Pre-recorded lessons enable your child to revisit lessons or learn at their own pace.

Some lessons may require access to TEAMS or Microsoft stream, on these occasions you will be prompted for your child's username and password. Please contact the school if you require a reminder of your child's username or password.

Guide for accessing
TEAMS



information

National Autistic Society
Tips for Families



information

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Learning Menu

MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

Semi-formal Curriculum
Spring Term Week 2



	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30
Monday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words
Tuesday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words
Wednesday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words
Thursday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words
Friday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words

National Autistic Society
Coronavirus Guidance



information

Social Story Bank



social story

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Learning Menu

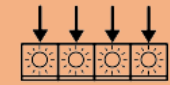


Check In

Join Mr Spalding for a repeatable daily check in and mindfulness activity. In the lesson your child can use the zones map to describe how they feel or their own zones check in at home, which can be created by following the weekly zones of regulation sessions.

This weeks mindfulness focus is 'Mindful Breathing' which is also a tool that your child can add to their zones of regulation toolkit. In the lesson your child will learn to sit mindfully and take soft, slow, mindful breaths to enable this to return to the green zone.

Check In



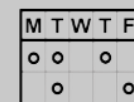
Daily

Zones of Regulation Map



visual support

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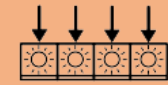
Timetable



Physical Education

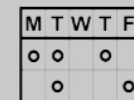
Join a member of staff from Oak Academy as they guide you and your child on setting up and carrying out a sensory circuit. This lesson explores alerting, organising and calming activities and can be repeated each day to provide a daily sensory circuit for your child.

Sensory Circuits Part 1



Daily

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Timetable

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Spring Term Week 2



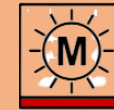
Communication and Language

Join a member of staff from Oak Academy for a series of Communication and Language lessons that explore the story "What do I look Like" by Nick Sharrat. In these lessons your child will develop speech and language by using blanks level one questioning to ask questions, identifying feelings and linking them to the four zones of regulation and creating a photobook of familiar family and friends.

Attention Autism

Join Ms Travers for a repeatable attention autism session to support learners to develop early attention skills.

Lesson 1. Text Sharing:
Growing Up



Monday

Lesson 2. Story Recall



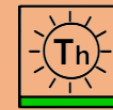
Tuesday

Lesson 3. Matching
Symbols and Objects

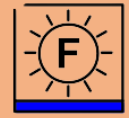


Wednesday

Lesson 4. Making a Photo
Album

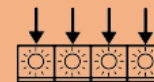


Thursday



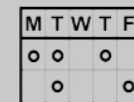
Friday

Attention Magic



Daily

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Timetable



English

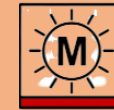
Join staff at the Oak Academy to visit the forests of Africa through the story 'Awongaleema'. These lessons provide a blend of phonics, reading and writing.

In this first series of lessons your child will develop the knowledge and skills to be able to:

- Listen to and respond to a story
 - Tell a story from memory
 - Describe using the senses
 - Add -es for plural nouns
- Make inferences based on what is said and done

If your child is unable to access these resources consider using the communication and language lessons instead.

Lesson 1. Listen to and respond to a story



Monday

Lesson 2. Tell a story from memory



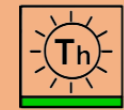
Tuesday

Lesson 3. Describe using the senses



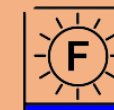
Wednesday

Lesson 4. Add -es for plural nouns



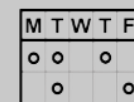
Thursday

Lesson 5. Make inferences



Friday

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Timetable

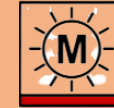


Shared Reading

Choose a story to listen to with your child. Each story is read by a familiar member of staff from Medeshamstede Academy.

You can repeat the same story each day to support your child's routine and daily structure. Alternatively more independent learners may wish to choose a new story to discover each day of the week.

The Ocean That Changed
Story



Monday

Call me Gorgeous
Story



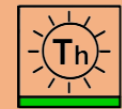
Tuesday

Were Going on a Bear
Hunt Story



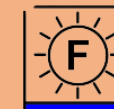
Wednesday

The Memory Tree
Story



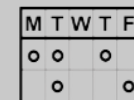
Thursday

Cave Baby
Story



Friday

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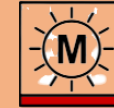
Timetable



Foundation Maths

Join staff at the Oak Academy to explore addition and subtraction within 10 in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. Using Manipulatives to count on



Monday

Lesson 2. Adding two numbers



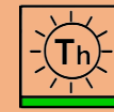
Tuesday

Lesson 3. Understanding the concept of subtraction



Wednesday

Lesson 4. Understanding the concept of subtraction

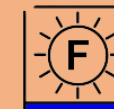


Thursday

Challenge

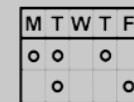
If these lessons are not challenging enough for your child then click here to explore calculation strategies within 20.

Lesson 5. Adding and subtracting



Friday

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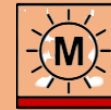
Timetable



Maths

Join staff at the Oak Academy to explore addition and subtraction within 10 in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. To add by counting on



Monday

Lesson 2. To subtract by counting back



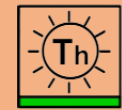
Tuesday

Lesson 3. To add a 1-digit number to a teens



Wednesday

Lesson 4. To subtract a 1-digit number from a teens

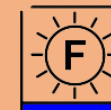


Thursday

Foundation

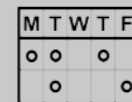
If these lessons are too challenging for your child then click here to explore addition and subtraction within 10.

Lesson 5. To use the make 10 strategy



Friday

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Timetable

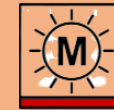


Zones of Regulation

Join Mr Spalding for a series of lessons that explore the zones of regulation. Your child will develop the knowledge and skills to be able to:

- Increase emotional vocabulary by labelling emotions
- Increase ability to understand body language by identifying different facial expressions

Lesson 1. Introduction to the zones of regulation



Monday

Lesson 2. Creating a zones check in



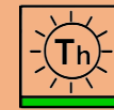
Tuesday

Lesson 3. Zones check in inside Minecraft



Wednesday

Lesson 4. Facial expressions and zones



Thursday

Zones Check-in Resource
- Printable



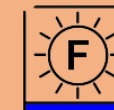
information

Zones of Regulation Map
- Printable



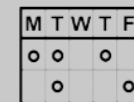
visual support

Lesson 5. Zones Bingo



Friday

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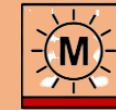
Beyond Words

Join Mr Spalding as we explore the wordless story 'Lenny and Lily in Lockdown – a story'.

Lenny and Lily live next door to each other. Every day they walk to school together and play with the same group of friends. Then one day their teacher explains there is a pandemic. She tells them it means their school will be closing for some weeks and they will be learning at home. Lenny and Lily feel sad and abandoned.

The story explores Lenny and Lily's experiences of loss and change in the days of the lockdown, how they develop ways of maintaining their friendship, the challenges of learning at home and the range of emotions they each experience.

Lesson 1. Read your own story



Monday

Lesson 2. Listen to the story

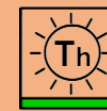


Tuesday

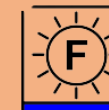


Wednesday

Lesson 3. Answering Questions



Thursday



Friday

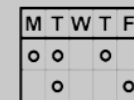
Lenny and Lily in Lockdown

Full Printable Story and Teaching Guide



information

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Timetable



Social Story Bank

Social stories present social situations and views so that pupils can make informed decisions about their choices. In many cases this means explaining why other people follow a specific rule and then reinforcing the positive benefit of following this rule.

These stories may be useful in supporting your child to understand social situations and views that are currently impacting them. Including when they are learning from home. These resources have been taken from the MHA Transition Toolkit, a larger resource to support pupils understanding of new rules and transitions linked to Covid 19.

When I am Safer at Home



social story

There is Always a
Schedule



social story

When I Should Learn
From Home



social story

Learning about the
Coronavirus



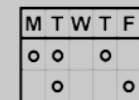
social story

Understanding My Zones



social story

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