

MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

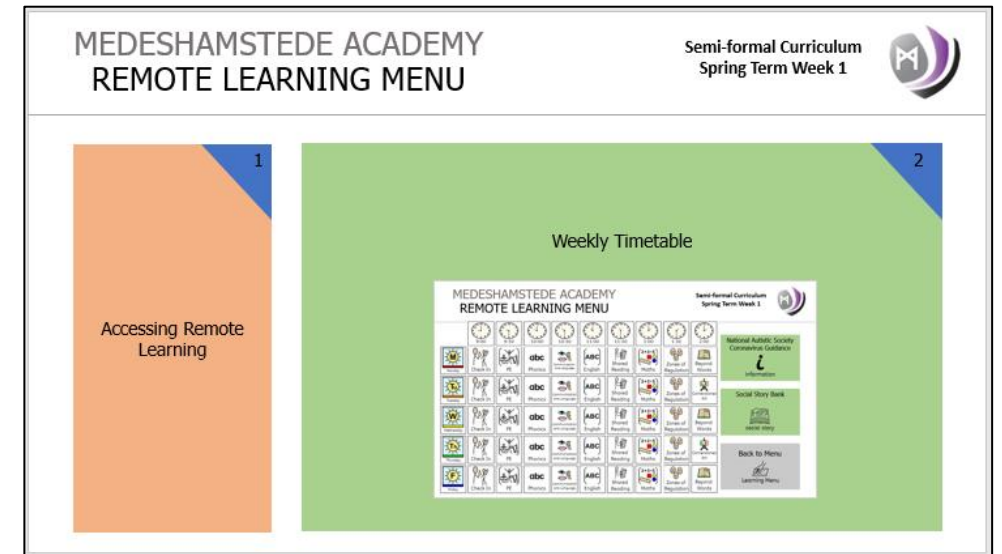
Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 1



Welcome to the Key Stage 3 Semi-Formal Remote Learning Menu.

The timetable in this resource will provide you with a 'menu' of learning sessions for 'stage rather than age' of your child. Your child will be able to select and access their chosen activities and subjects via Microsoft teams throughout the day and week. Sessions will be live as well as recorded to revisit and to access as required.

This menu offers a broad and relevant curriculum, including academic for cognition and learning needs as well as our core offer for therapeutic EHCP provision: Attention Autism, We Thinkers and Think social for communication and interaction and the 'Zones of Regulation' curriculum as part of occupational therapy, sensory, physical, social, emotional and mental health needs. Resources from PE coaches also offer remote physical development activities.



[CLICK TO ENTER THE MENU](#)

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 1



1

Accessing Remote Learning

2

Weekly Timetable

MEDESHAMSTEDE ACADEMY
REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term Week 5

	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30	2:00
Monday	Check In	P.E.	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Tuesday	Check In	P.E.	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Art
Wednesday	Check In	P.E.	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Thursday	Check In	P.E.	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Forest School
Friday	Check In	P.E.	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words

National Autistic Society
Coronavirus Guidance
information

Social Story Bank
social story

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Learning Menu



Accessing Remote Learning

This menu provides your child with a range of lessons in their chosen activities and subjects which can be accessed through the interactive weekly timetable. Some lessons are pre-recorded while others are offered live. Pre-recorded lessons enable your child to revisit lessons or learn at their own pace.

Some lessons may require access to TEAMS or Microsoft stream, on these occasions you will be prompted for your child's username and password. Please contact the school if you require a reminder of your child's username or password.

Guide for accessing
TEAMS



information

National Autistic Society
Tips for Families



information

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Learning Menu

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Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 1



	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30	2:00
Monday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Tuesday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Art
Wednesday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
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information

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social story

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Learning Menu

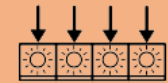


Check In

Join Mr Spalding for a repeatable daily check in and mindfulness activity. In the lesson your child can use the zones map to describe how they feel or their own zones check in at home, which can be created by following the weekly zones of regulation sessions.

This weeks session focuses on creating a 'calming sequence' to support regulation to the green zone.

Check In



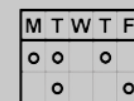
Daily

Zones of Regulation Map



visual support

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Timetable

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Key Stage 3
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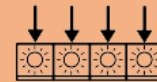


Physical Education

Join our PE Coaches Mr Day and Mr Hodgson for a repeatable daily activity. This week you can choose to create a reaction all or take part in sock striking.

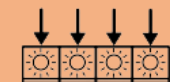
Revisit members of staff from Oak Academy as they guide you and your child on setting up and carrying out a sensory circuit. These lessons explore alerting, organising and calming activities and can be repeated each day to provide a daily sensory circuit for your child. Please consult your child's class teacher if you are unsure of how to set up a sensory circuit for your child.

PE Reaction Wall



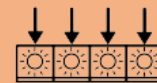
Daily

Sensory Circuits Part 1



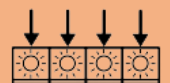
Daily

PE Sock Striking



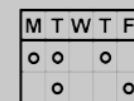
Daily

Sensory Circuits Part 2



Daily

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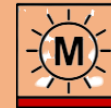
Communication and Language

Join Ms Callis for a series of lessons developing sentence structure using the intervention colourful semantics.

Attention Autism

Choose from four highly motivating and visually based activities which can help develop natural and spontaneous communication.

Lesson 11. Understanding 'Where' Words



Monday

Lesson 12. 'Who', 'doing' or 'where' words

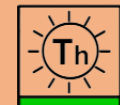


Tuesday

Lesson 13. Silly Sentences

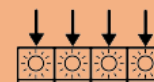


Wednesday



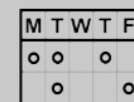
Thursday

Attention Autism



Daily

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English

Please follow the link to access your class lessons.

Woodpeckers



Hawks



Kingfishers



Wolves



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Timetable

MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

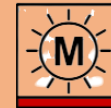
Semi-Formal Curriculum
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English (Woodpeckers)

Join Miss Thulbourn for English where we are looking at reading, comprehension, creative writing and punctuation.

Lesson 1. What happens next in the story?



Monday

Lesson 2. What happens next in the story?



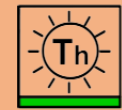
Tuesday

Lesson 3. Riddles



Wednesday

Lesson 4. Small Town Superhero's

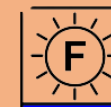


Thursday

Daily Phonics

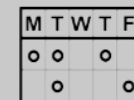


Lesson 5. Creative Writing



Friday

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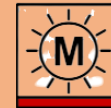
English (Hawks)

Monday to Thursday

This week we will continue exploring Native Americans.

Friday
Independent Reading

Lesson 5 and 6.
Native Americans



Monday

Lesson 7.
Native Americans



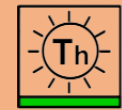
Tuesday

Lesson 8.
Native Americans



Wednesday

Lesson 9.
Native Americans

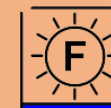


Thursday

Daily Phonics

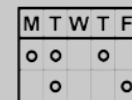


Independent Reading



Friday

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English (Kingfishers)

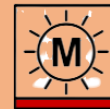
Monday to Wednesday

Join staff at the Oak Academy to explore creating a story this week. This series of sessions assumes some understanding of early literacy. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Thursday and Friday

Continue reading Friend or Foe

Lesson 1. Creating a story opening



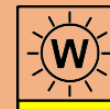
Monday

Lesson 2. Introducing a character



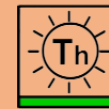
Tuesday

Lesson 3. Revealing a problem



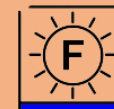
Wednesday

Lesson 4. Friend or Foe Chapter Five



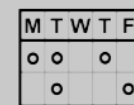
Thursday

Lesson 5. Friend or Foe Chapter Six



Friday

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Timetable

Daily Phonics



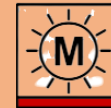


English (Wolves)

The Lion the Witch and the Wardrobe

This term, we will be exploring the book 'The Lion the Witch and the Wardrobe' by C.S Lewis.

Lesson 1. Chapter One: Lucy Looks into a Wardrobe.



Monday

Lesson 2. Chapter Two: What Lucy found there.



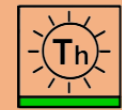
Tuesday

Lesson 3. Chapter Three: Edmund and the Wardrobe.



Wednesday

Lesson 4. Turkish Delight.

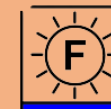


Thursday

Daily Phonics

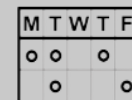


Independent Reading.



Friday

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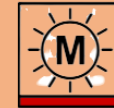
Timetable



Shared Reading

Join Miss Jones to read Chapter 1 – 4 of the
Lion the Witch and the Wardrobe.

Chapter 1. Lucy Looks
into a Wardrobe.



Monday

Chapter 2. What Lucy
found there.



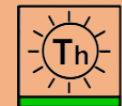
Tuesday

Chapter 3. Edmund and
the Wardrobe.



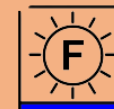
Wednesday

Chapter 4. Turkish
Delight.



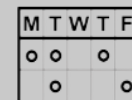
Thursday

Recap a chapter of your
choice.



Friday

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Timetable

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Maths

Please follow the link to access your class lessons.

Woodpeckers



Hawks



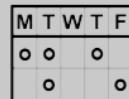
Kingfishers



Wolves



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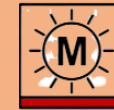
Timetable



Maths (Woodpeckers)

Join staff at the Oak Academy to explore 2D Shapes this week. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. vertices and sides



Monday

Lesson 2. Right angles in shapes



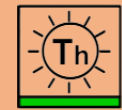
Tuesday

Lesson 3. Karate Cat - Shapes



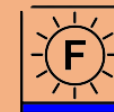
Wednesday

Lesson 4. Lines of Symmetry in 2D Shapes



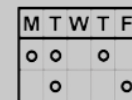
Thursday

Lesson 5. Guardians of Mathematica



Friday

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Timetable



Maths (Hawks)

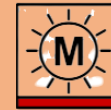
Monday to Thursday

Join staff at the Oak Academy to explore time this week. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Friday

Practice your multiplication on TT Rock Stars or Cool Maths Games.

Lesson 1. Understanding that clocks have more than one scale.



Monday

Lesson 2. Reading analogue time to the nearest minute.



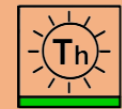
Tuesday

Lesson 3. Telling the time to am and pm.



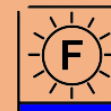
Wednesday

Lesson 4. Telling 'minutes past' on a digital clock.



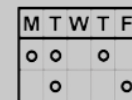
Thursday

Lesson 5. TT Rock Stars or Cool Maths Games.



Friday

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Timetable



Maths (Kingfishers)

Join staff at the Oak Academy to explore parts this week. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. Generalise a part is smaller than a whole



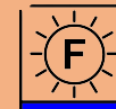
Tuesday

Lesson 2. Equal and un-equal parts



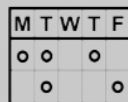
Wednesday

Lesson 3. Embed equal and un-equal parts



Friday

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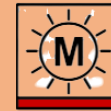
[Timetable](#)



Maths (Wolves)

Join staff at the Oak Academy to explore angles and shapes this week. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. To identify and recognise angles



Monday

Lesson 2. To identify angles inside 2D shapes



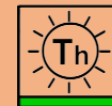
Tuesday

Lesson 3. To recognise right angles



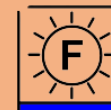
Wednesday

Lesson 4. To recognise obtuse and acute angles



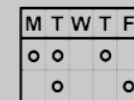
Thursday

Lesson 5. To revise angles



Friday

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Broader Curriculum

Please follow the link to access your class lessons.

Woodpeckers



Hawks



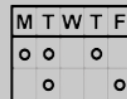
Kingfishers



Wolves



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Broader Curriculum (Woodpeckers)

Geography: European Countries

History: How has popular music changed of the past 60 years?

Science: Habitats

Art: Introduction to print making

Music: Live Music Lesson at 1 pm

Geography



History



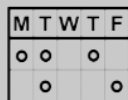
Science



Art

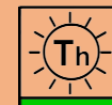


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Timetable

Live Music Lesson at 1 pm



Thursday

MEDESHAMSTEDE ACADEMY

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World Studies (Hawks)

Art: Animal Art with Ms Wincott

Geography: What landforms do rivers create? (Part 1)

R.E: What is the sacred text of Christianity?

Zone of Regulation: Frederick Douglas Zones activity

Think Social: Scaling our problems

Art



Geography



R.E



Zones of Regulation

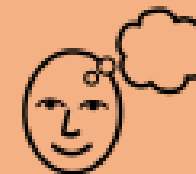


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o	o	o		
o				o

Timetable

Think Social



MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-Formal Curriculum
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Spring Term 2 Week 1



Broader Curriculum (Kingfishers)

Monday

WW2 Rations, Good Thoughts vs Uncomfortable Thoughts and P.E with Joe Wicks

Tuesday

The zones in video part 1 and think social

Wednesday

Gas mask and P.E with Joe Wicks

Thursday

How to draw a WW2 vehicle, Winston Churchill Task and the Zones in Video Part 2

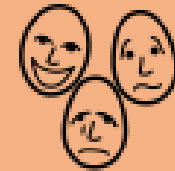
Friday

IT with Mr Eames on Teams and P.E with Joe Wicks

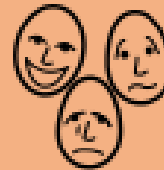
History (Monday)



Zones (Monday)



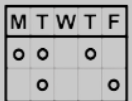
Zones (Tuesday)



D.T (Wednesday)



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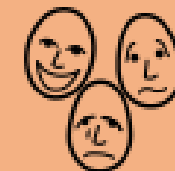
Art (Thursday)



History (Thursday)



Zones (Thursday)





Broader Curriculum (Wolves)

Think Social: First Impressions

Geography: Where are the worlds rivers?

Zones of Regulation: Martin Luther King

Science: What is the Theory of Evolution?

Science



Think Social



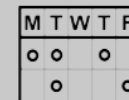
Geography



Zones of Regulation



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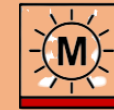


Zones of Regulation

Join Mr Spalding for a series of lessons that explore the zones of regulation. This weeks series revisit prior concepts and then introduce the new concept of tracking zones across the day.

They also incorporate the skill builders skill of positive thinking. Focusing on step zero.

Lesson 21. Recapping Understanding the Zones



Monday

Lesson 22. Recapping Facial Expressions



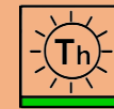
Tuesday

Lesson 23. Recapping the Zones in Me



Wednesday

Lesson 24. Recapping How Do I Feel?



Thursday

Zones Check-in Resource
- Printable



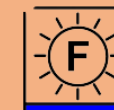
information

Zones of Regulation Map
- Printable



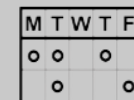
visual support

Lesson 25. My Zones Across the Day



Friday

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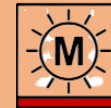
Beyond Words

Join Mr Spalding as we explore the wordless story 'Lenny and Lily Return to School2.

Lenny and Lily have had different experiences of the lockdown, but now it's time for them to return to school. Lily is excited to go back and meet up with her friends again, but Lenny has enjoyed being at home with his family and feels more anxious.

When Lenny and Lily go back to school they both face different challenges. Lenny struggles to reconnect with his friends and find his place in the group. Lily has found home learning difficult and struggles to keep up with the pace of lessons in class. The story explores the range of emotions Lenny and Lily experience as they come back into school and rebuild relationships with their teachers and friends.

Lesson 13. Read your own story



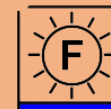
Monday

Lesson 14. Listen to the story



Wednesday

Lesson 15. Answering Questions



Friday

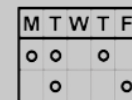
Lenny and Lily Return to School

Full Printable Story and Teaching Guide



information

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Cornerstones Art

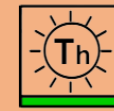
Can you make beautiful patterns with items you find during your daily exercise, in your garden or around you home?

Lesson 1. Andy Goldsworthy



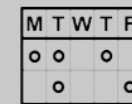
Tuesday

Lesson 2. Andy Goldsworthy.



Thursday

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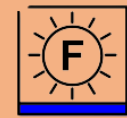
Timetable



Outdoor Learning

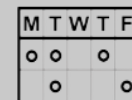
Join Mr Howick for a forest school session exploring pond ecosystems.

Lesson 1. Pond ecosystems.



Friday

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Social Story Bank

Social stories present social situations and views so that pupils can make informed decisions about their choices. In many cases this means explaining why other people follow a specific rule and then reinforcing the positive benefit of following this rule.

These stories may be useful in supporting your child to understand social situations and views that are currently impacting them. Including when they are learning from home. These resources have been taken from the MHA Transition Toolkit, a larger resource to support pupils understanding of new rules and transitions linked to Covid 19.

When I am Safer at Home



social story

There is Always a Schedule



social story

When I Should Learn From Home



social story

Learning about the Coronavirus



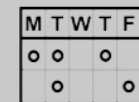
social story

Understanding My Zones



social story

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