

# MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



Welcome to the Key Stage 3 Semi-Formal Remote Learning Menu.

The timetable in this resource will provide you with a 'menu' of learning sessions for 'stage rather than age' of your child. Your child will be able to select and access their chosen activities and subjects via Microsoft teams throughout the day and week. Sessions will be live as well as recorded to revisit and to access as required.

This menu offers a broad and relevant curriculum, including academic for cognition and learning needs as well as our core offer for therapeutic EHCP provision: Attention Autism, We Thinkers and Think social for communication and interaction and the 'Zones of Regulation' curriculum as part of occupational therapy, sensory, physical, social, emotional and mental health needs. Resources from PE coaches also offer remote physical development activities.



MEDESHAMSTEDE ACADEMY  
REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30	2:00
Monday	Check In	P.E	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Tuesday	Check In	P.E	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Art
Wednesday	Check In	P.E	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Thursday	Check In	P.E	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Forest School
Friday	Check In	P.E	Communicator and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words

National Autistic Society  
Coronavirus Guidance



information

Social Story Bank



social story

Back to Menu



Learning Menu

[CLICK TO ENTER THE MENU](#)

# MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



1

Accessing Remote Learning

2

## Weekly Timetable

MEDESHAMSTEDE ACADEMY  
REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5

	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30	2:00
<b>M</b> Monday	Check In	P.E	Communicator and Language	ABC English	Shared Reading	2+3-5 Maths	Broader Curriculum	Zones of Regulation	Beyond Words
<b>Tu</b> Tuesday	Check In	P.E	Communicator and Language	ABC English	Shared Reading	2+3-5 Maths	Broader Curriculum	Zones of Regulation	Art
<b>W</b> Wednesday	Check In	P.E	Communicator and Language	ABC English	Shared Reading	2+3-5 Maths	Broader Curriculum	Zones of Regulation	Beyond Words
<b>Th</b> Thursday	Check In	P.E	Communicator and Language	ABC English	Shared Reading	2+3-5 Maths	Broader Curriculum	Zones of Regulation	Forest School
<b>F</b> Friday	Check In	P.E	Communicator and Language	ABC English	Shared Reading	2+3-5 Maths	Broader Curriculum	Zones of Regulation	Beyond Words

National Autistic Society  
Coronavirus Guidance  
information

Social Story Bank  
social story

Back to Menu  
Learning Menu



## Accessing Remote Learning

This menu provides your child with a range of lessons in their chosen activities and subjects which can be accessed through the interactive weekly timetable. Some lessons are pre-recorded while others are offered live. Pre-recorded lessons enable your child to revisit lessons or learn at their own pace.

Some lessons may require access to TEAMS or Microsoft stream, on these occasions you will be prompted for your child's username and password. Please contact the school if you require a reminder of your child's username or password.

Guide for accessing  
TEAMS



information

National Autistic Society  
Tips for Families



information

Back to Menu

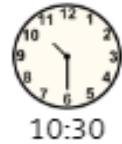


Learning Menu

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



Monday	Check In	P.E	Communication and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Tuesday	Check In	P.E	Communication and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Art
Wednesday	Check In	P.E	Communication and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Thursday	Check In	P.E	Communication and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Forest School
Friday	Check In	P.E	Communication and Language	English	Shared Reading	Maths	Broader Curriculum	Zones of Regulation	Beyond Words

National Autistic Society  
Coronavirus Guidance



information

Social Story Bank



social story

Back to Menu



Learning Menu

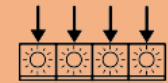


## Check In

Join Mr Spalding for a repeatable daily check in and mindfulness activity. In the lesson your child can use the zones map to describe how they feel or their own zones check in at home, which can be created by following the weekly zones of regulation sessions.

This weeks mindfulness focus is 'Chair Push Ups' which is also a tool that your child can add to their zones of regulation toolkit. In the lesson your child will learn to carry out chair push ups as part of a sensory break.

Check In



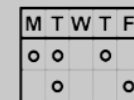
Daily

Zones of Regulation Map



visual support

Back to Timetable



Timetable



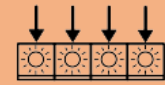
## Physical Education

Revisit members of staff from Oak Academy as they guide you and your child on setting up and carrying out a sensory circuit. This lesson explores alerting, organising and calming activities and can be repeated each day to provide a daily sensory circuit for your child.

Or

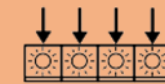
Join our PE Coaches Mr Day and Mr Hodgson for a repeatable daily activity. This week they repeat the session to create a reaction wall at home.

### Sensory Circuits



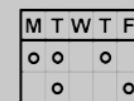
Daily

### PE Morning Activity



Daily

### Back to Timetable



Timetable

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



### Communication and Language

Join Ms Callis for a series of lessons developing understanding of sentence structure using the intervention colourful semantics. This week Ms Callis explores constructing sentences with 'who' 'what doing'

### Attention Autism

Choose from five highly motivating and visually based activities which can help develop natural and spontaneous communication.

Printable Visual Lesson Pictures



visual support

Printable Visual Lesson 1, 2, 4



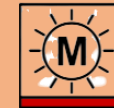
visual support

Printable Visual Lesson 3 and 4



visual support

Lesson 1. Who and What Doing?



Monday

Lesson 2. Doing Words



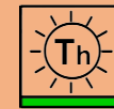
Tuesday

Lesson 3. Who Words



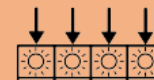
Wednesday

Lesson 4. Silly Sentences



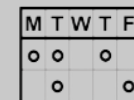
Thursday

Attention Autism



Daily

Back to Timetable



Timetable

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



## English

Please follow the link to access your class lessons.

Woodpeckers



Hawks



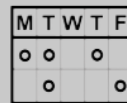
Kingfishers



Wolves



Back to Timetable



Timetable



# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



### English (Woodpeckers)

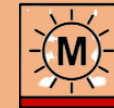
**Monday to Thursday**

Join Ms Brown for Lesson 1, 2, 3 and 4 as she helps to explain Colourful Semantics, before completing your daily workstation task.

**Friday**

Join Miss Youngman telling the story 'Wonder' by R. J Palacio

Lesson 1. Colourful Semantics Workstation



Monday

Lesson 2. Colourful Semantics Workstation



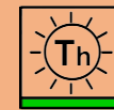
Tuesday

Lesson 3. Colourful Semantics Workstation



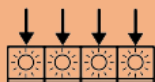
Wednesday

Lesson 4. Colourful Semantics Workstation



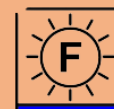
Thursday

Daily Phonics Session



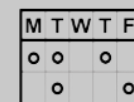
Daily

Lesson 5. 'Wonder' by R. J Palacio



Friday

Back to Timetable



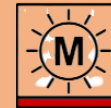
Timetable



## English (Hawks)

This week we will be exploring  
American States.

Lesson 1. Key words  
about states



Monday

Lesson 2. America on a  
map/ American Regions



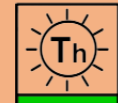
Tuesday

Lesson 3. An American State



Wednesday

Lesson 4. The States Project  
(end of Lesson 3)

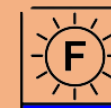


Thursday

Independent Reading

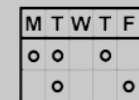
Use the link in Lesson 5 to select a book that your child  
may want to explore further through lessons.

Lesson 5. Independent  
Reading



Friday

Back to Timetable



Timetable

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



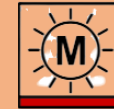
## English (Kingfishers)

Join staff at the Oak Academy to continue to explore Direct Speech in this week long series of lessons.

### Friend or Foe

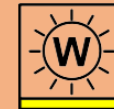
An abridgement of **Friend or Foe** by **Michael Morpurgo**. The story is a classic tale of secrecy and adventure set during World War Two. David Carey and his friend Tucky, two boys from London, are evacuated to a peaceful location in the Devon countryside. But the War is closer than they think.

Lesson 1. Direct speech: Varying punctuation and dialogue tags



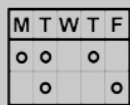
Monday

Lesson 2. Direct speech: Moving dialogue tags and using pronouns



Wednesday

Back to Timetable



Timetable

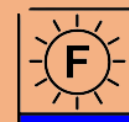
Friend or Foe: Chapter One



Friend or Foe: Chapter Two



Lesson 3. Breaking up direct speech with dialogue tags



Friday



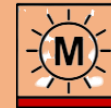
## English (Wolves)

### The Machine Gunners (TMG) (1975)

This week we will focus on Chapter Four to Seven of the Machine Gunners.

(All links are available in the details section underneath the video)

Lesson 11. Chapter Four:  
Setting Up Camp (Part One)



Monday

Lesson 12. Chapter Four:  
Setting Up Camp (Two)



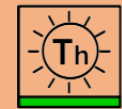
Tuesday

Lesson 13. Chapter Five: Life  
at the Fortress



Wednesday

Lesson 14. Chapter Six: A  
Home From Home

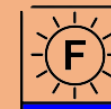


Thursday

The Machine Gunners

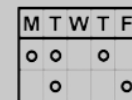


Lesson 15. Chapter  
Seven: A German Friend.



Friday

Back to Timetable



Timetable

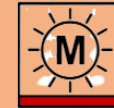


# Shared Reading

Join Mrs Humphreys read Roald Dahls 'James and the Giant Peach'.

This week Mrs Humphreys continues from Chapter 8 through to Chapter 10 on Monday and Tuesday and Chapter 11 through to 13 on Wednesday, Thursday and Friday.

James and the Giant Peach (Chapters 8 – 10).



Monday

James and the Giant Peach (Chapters 8 – 10).



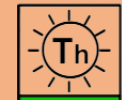
Tuesday

James and the Giant Peach (Chapters 11 – 13).



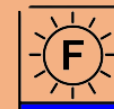
Wednesday

James and the Giant Peach (Chapters 11 – 13).



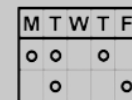
Thursday

James and the Giant Peach (Chapters 11 – 13).



Friday

Back to Timetable



Timetable

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



### Maths

Please follow the link to access your class lessons.

Woodpeckers



Hawks



Kingfishers



Wolves



Back to Timetable

M	T	W	T	F
o	o	o		
o				o

Timetable



# Maths

## (Woodpeckers)

### **Monday and Tuesday:**

Join Miss Thulbourn to learn about Numicon Number Bonds.

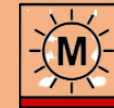
### **Wednesday and Thursday:**

Join staff at the Oak Academy to continue to explore 'Make Ten' Strategies.

### **Friday:**

Join staff at the Oak Academy to continue to explore 'One more and One Less'.

Lesson 1. Numicon Number Bonds



Monday

Lesson 2. Numicon Number Bonds



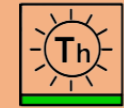
Tuesday

Lesson 3. To use the 'Make ten' strategy to add two 1-digit numbers (Part 1)



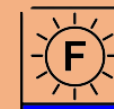
Wednesday

Lesson 4. To use the 'Make ten' strategy to add two 1-digit numbers (Part 2)



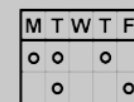
Thursday

Lesson 5. Exploring One More One Less



Friday

Back to Timetable



Timetable

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



## Maths (Hawks)

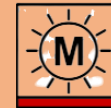
### Monday - Thursday

Join staff at the Oak Academy to continue to explore Time in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

### Friday

Practice your multiplications. You can do this on TT Rockstars or Cool Maths Games.

Lesson 1. Measuring time in minutes and seconds



Monday

Lesson 2. Reading and writing the time to o'clock (Part 1)



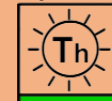
Tuesday

Lesson 3. Reading and writing the time to o'clock (Part 2)



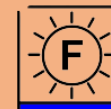
Wednesday

Lesson 4. Reading and writing the time to o'clock and half past (Part 1)



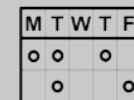
Thursday

Lesson 5.  
TT Rocks or Cool Maths Games



Friday

Back to Timetable



Timetable

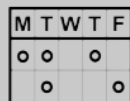




## Maths (Kingfishers)

Join staff at the Oak Academy to continue to explore length and perimeter in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

[Back to Timetable](#)



[Timetable](#)

Lesson 1. To calculate perimeters of 2D shapes in cm and mm



Tuesday

Lesson 2. To Calculate Perimeters of 2D Shapes in Mixed Units



Wednesday

Lesson 3. Calculating the perimeters of shapes in m and cm



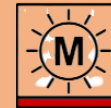
Friday



## Maths (Wolves)

Join staff at the Oak Academy to continue to explore Money in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. To identify the physical properties of coins



Monday

Lesson 2. To recognise the value of different coins  
(Part 1)



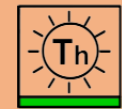
Tuesday

Lesson 3. To recognise the value of different coins  
(Part 2)



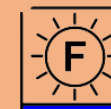
Wednesday

Lesson 4. To recognise the value of different coins and notes



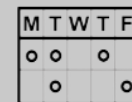
Thursday

Lesson 5. To compare different amounts of money



Friday

Back to Timetable



Timetable



## Broader Curriculum

Please follow the link to access your class lessons.

Woodpeckers



Hawks



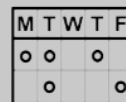
Kingfishers



Wolves



Back to Timetable



Timetable

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



### Broader Curriculum (Woodpecker)

**Science:** Identify the Body Parts

**Geography:** What is a continent

**History:** In 1066, who was the rightful heir to the throne?

Science



Geography



History



Back to Timetable

M	T	W	T	F
o	o		o	
	o			o

Timetable

# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



### Broader Curriculum (Hawks)

**Art:** American Art Print Lesson with Ms Wincott.

**Geography:** How do rivers shape the land.

**R.E:** Who was Jesus?

**Zones:** Thomas LJ Activity

**Think Social:** Expected and Unexpected behaviours

Art



Geography



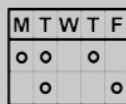
R.E



Zones



Back to Timetable



Timetable

Think Social



# MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



## Broader Curriculum (Kingfisher)

**Art:** How to draw a Solider

**DT:** Create your own Spitfire! (Attachment on Teams)

**Zones:** Lessons 9, 10 and 11

**Topic:** Propaganda Poster and V1 Bombers (Attachment on Teams)

**Social:** Spend time with family for a game or some baking

Art



DT (No Link)



Zones Lesson 9



Zones Lesson 10



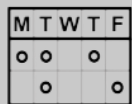
Zones Lesson 11



Social (No Link)



Back to Timetable



Timetable

Topic (No Link)



# MEDESHAMSTEDE ACADEMY

## REMOTE LEARNING MENU

Semi-Formal Curriculum  
Key Stage 3  
Spring Term Week 5



### Broader Curriculum (Wolves)

**Monday:** Can you guess all twenty sounds?

**Wednesday:** Watch the Machine Gunners

**Friday:** And join Mrs Humphreys for a Think Social Lesson on Expected and Unexpected Behaviours in a Video Call.

### Guess the Sound Game



### The Machine Gunners



### Think Social



### Back to Timetable

M	T	W	T	F
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Timetable

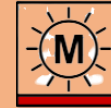


# Zones of Regulation

Join Mr Spalding for a series of lessons that explore the zones of regulation. Your child will develop the knowledge and skills to be able to:

- Increase emotional vocabulary by labelling emotions
- Increase ability to understand body language by identifying different facial expressions

Lesson 11. Our Behaviour  
Impacts Others Recap



Monday

Lesson 12. Good Vs  
Uncomfortable



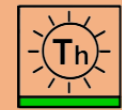
Tuesday

Lesson 13. The Zones in  
Video Part 1



Wednesday

Lesson 14. The Zones in  
Video Part 2



Thursday

Zones Check-in Resource  
- Printable



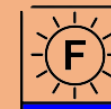
information

Zones of Regulation Map  
- Printable



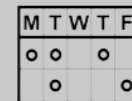
visual support

Lesson 15. The Zones in  
Me



Friday

Back to Timetable



Timetable



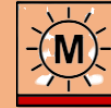


# Beyond Words

Join Mr Spalding as we explore the wordless story 'Having a Test for Coronavirus'.

Bad days and good days explore the Belong Manifesto and strategies to have good days in lockdown. They also look at expected and unexpected behaviours and the feelings of others.

Lesson 7. Read your own story



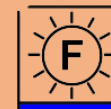
Monday

Lesson 8. Listen to the story



Wednesday

Lesson 9. Answering Questions



Friday

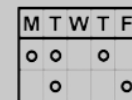
**Good Days and Bad Days During Lockdown**

Full Printable Story and Teaching Guide



information

Back to Timetable



Timetable



# Cornerstones Art

Join Ms Wincott for a series of art sessions created around the cornerstones curriculum.

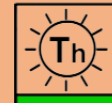
This week Ms Wincott looks at animals and works towards developing the skills to create an animal printing block.

Lesson 2.  
Animal Print Art



Tuesday

Lesson 3.  
Animal Print Art

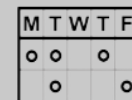


Thursday

Lesson 1.  
Animal Art Print

**Recap Lesson**

Back to Timetable



Timetable



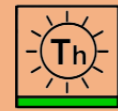
## Outdoor Learning

Join Mr Howick for a forest school session exploring 'Wally the Worm'.

Can you draw your own worm, describe what they look like and how they move?

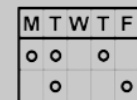
Lesson 1.

Wally the Worm



Thursday

Back to Timetable



Timetable



## Social Story Bank

Social stories present social situations and views so that pupils can make informed decisions about their choices. In many cases this means explaining why other people follow a specific rule and then reinforcing the positive benefit of following this rule.

These stories may be useful in supporting your child to understand social situations and views that are currently impacting them. Including when they are learning from home. These resources have been taken from the MHA Transition Toolkit, a larger resource to support pupils understanding of new rules and transitions linked to Covid 19.

When I am Safer at Home



social story

There is Always a  
Schedule



social story

When I Should Learn  
From Home



social story

Learning about the  
Coronavirus



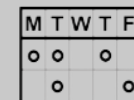
social story

Understanding My Zones



social story

Back to Timetable



Timetable