

MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

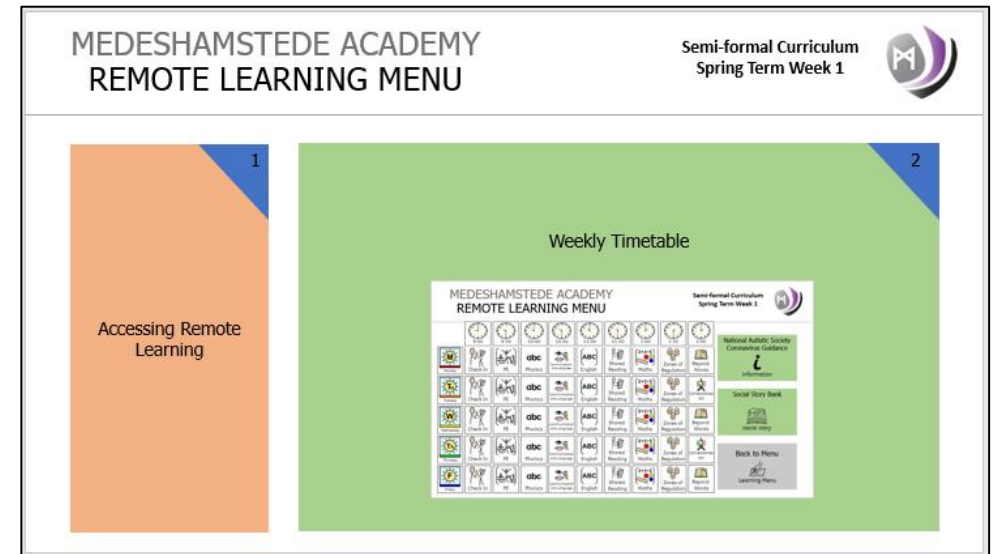
Semi-Formal Curriculum
Key Stage 3
Spring Term Week 4



Welcome to the Key Stage 3 Semi-Formal Remote Learning Menu.

The timetable in this resource will provide you with a 'menu' of learning sessions for 'stage rather than age' of your child. Your child will be able to select and access their chosen activities and subjects via Microsoft teams throughout the day and week. Sessions will be live as well as recorded to revisit and to access as required.

This menu offers a broad and relevant curriculum, including academic for cognition and learning needs as well as our core offer for therapeutic EHCP provision: Attention Autism, We Thinkers and Think social for communication and interaction and the 'Zones of Regulation' curriculum as part of occupational therapy, sensory, physical, social, emotional and mental health needs. Resources from PE coaches also offer remote physical development activities.



[CLICK TO ENTER THE MENU](#)

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

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Key Stage 3
Spring Term Week 4



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Accessing Remote Learning

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Weekly Timetable

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU								Semi-Formal Curriculum Key Stage 3 Spring Term Week 4	
	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30	
Monday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words	information
Tuesday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words	social story
Wednesday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words	
Thursday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words	
Friday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words	Learning Menu



Accessing Remote Learning

This menu provides your child with a range of lessons in their chosen activities and subjects which can be accessed through the interactive weekly timetable. Some lessons are pre-recorded while others are offered live. Pre-recorded lessons enable your child to revisit lessons or learn at their own pace.

Some lessons may require access to TEAMS or Microsoft stream, on these occasions you will be prompted for your child's username and password. Please contact the school if you require a reminder of your child's username or password.

Guide for accessing
TEAMS



information

National Autistic Society
Tips for Families



information

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Learning Menu

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Semi-Formal Curriculum
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Friday	Check In	PE	Communication and Language	English	Shared Reading	Maths	Zones of Regulation	Beyond Words

National Autistic Society
Coronavirus Guidance



information

Social Story Bank



social story

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Learning Menu

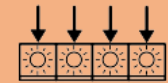


Check In

Join Mr Spalding for a repeatable daily check in and mindfulness activity. In the lesson your child can use the zones map to describe how they feel or their own zones check in at home, which can be created by following the weekly zones of regulation sessions.

This weeks mindfulness focus is 'Mindful Breathing' which is also a tool that your child can add to their zones of regulation toolkit. In the lesson your child will learn to sit mindfully and take soft, slow, mindful breaths to enable this to return to the green zone.

Check In



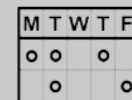
Daily

Zones of Regulation Map



visual support

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Timetable



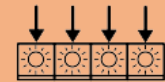
Physical Education

Join our PE Coaches Mr Day and Mr Hodgson for a repeatable daily activity. This week they demonstrate how to create a reaction wall at home.

Or

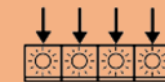
Join in with a Joe Wicks work out daily at 9:30am.
Choose you preferred lesson to start your day.

Joe Wicks



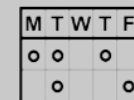
Daily

PE Morning Activity



Daily

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Communication and Language

Enjoy this series of Communication and Language lesson where we explore

Lesson 1: How do I look after my well being at home?

Lesson 2: My Community

Lesson 3: Jealousy

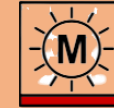
Lesson 4 and 5: My Digital Life

Attention Autism

Choose from five highly motivating and visually based activities which can help develop natural and spontaneous communication.

Lesson 1.

How do I look after my well being at home?



Monday

Lesson 2.

My Community



Tuesday

Lesson 3.

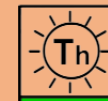
Jealousy



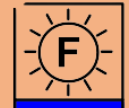
Wednesday

Lesson 4.

My Digital Life

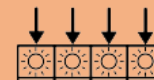


Thursday



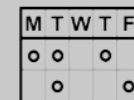
Friday

Attention Autism



Daily

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English

The Machine Gunners (TMG) (1975)

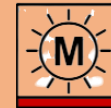
This week we will focus on Chapter Two and Chapter Three of the Machine Gunners.

(All links are available in the details section underneath the video)

Phonics

Join Mrs Pembery for a daily repeatable phonics session to develop phoneme and grapheme correspondence linked to the grapheme 's'.

Lesson 6. Chapter Two:
Keeping a Secret Part 1



Monday

Lesson 7. Chapter Two:
Keeping a Secret Part 2



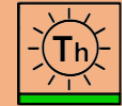
Tuesday

Lesson 8. Chapter Three:
Getting the Better of Bodder
Brown Part 1



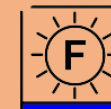
Wednesday

Lesson 9. Chapter Three:
Getting the Better of Bodder
Brown Part 2



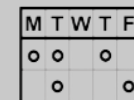
Thursday

Lesson 10. Recap of
Chapter Two and Three



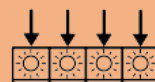
Friday

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Daily Phonics Session



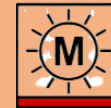
Daily



Shared Reading

Join Mrs Humphreys read Roald Dahls 'James and the Giant Peach'.

James and the Giant Peach.



Monday

James and the Giant Peach.



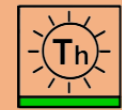
Tuesday

James and the Giant Peach.



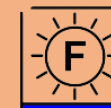
Wednesday

James and the Giant Peach.



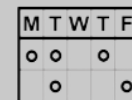
Thursday

James and the Giant Peach.



Friday

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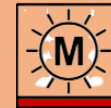
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Maths

Join staff at the Oak Academy to continue to explore Time in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 6.
Exploring units of measured
time



Monday

Lesson 7.
Measuring time in seconds



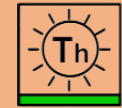
Tuesday

Lesson 8.
Calculating and comparing
intervals of time



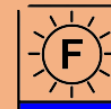
Wednesday

Lesson 9.
Applying knowledge of time to
solve problems



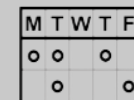
Thursday

Lesson 10.
Further applying knowledge
of time to solve problems



Friday

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Timetable

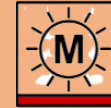


Zones of Regulation

Join Mr Spalding for a series of lessons that explore the zones of regulation. Your child will develop the knowledge and skills to be able to:

- Increase emotional vocabulary by labelling emotions
- Increase ability to understand body language by identifying different facial expressions

Lesson 6. Zones Bingo
Recap



Monday

Lesson 7. Expected and
Unexpected Part 1



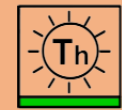
Tuesday

Lesson 8. Expected and
Unexpected Part 2



Wednesday

Lesson 9. Expected and
Unexpected Part 3



Thursday

Zones Check-in Resource
- Printable



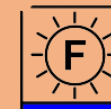
information

Zones of Regulation Map
- Printable



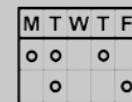
visual support

Lesson 10. Our Behaviour
Impacts Others Feelings



Friday

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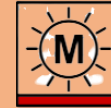


Beyond Words

Join Mr Spalding as we explore the wordless story 'Good Days and Bad Days during Lockdown'.

Bad days and good days explore the Belong Manifesto and strategies to have good days in lockdown. They also look at expected and unexpected behaviours and the feelings of others.

Lesson 4. Read your own story



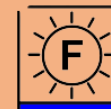
Monday

Lesson 5. Listen to the story



Wednesday

Lesson 6. Answering Questions



Friday

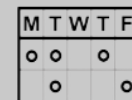
Good Days and Bad Days During Lockdown

Full Printable Story and Teaching Guide



information

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Cornerstones Art

Join Ms Wincott for an art session created around the cornerstones curriculum.

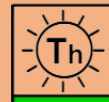
This week Ms Wincott looks at animals and creates a mood board. This series of sessions works towards developing the skills to create an animal printing block.

Lesson 1. Animal Print Art
Lesson 1



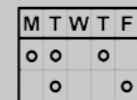
Tuesday

Lesson 2. Listen to the
story



Thursday

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Social Story Bank

Social stories present social situations and views so that pupils can make informed decisions about their choices. In many cases this means explaining why other people follow a specific rule and then reinforcing the positive benefit of following this rule.

These stories may be useful in supporting your child to understand social situations and views that are currently impacting them. Including when they are learning from home. These resources have been taken from the MHA Transition Toolkit, a larger resource to support pupils understanding of new rules and transitions linked to Covid 19.

When I am Safer at Home



social story

There is Always a Schedule



social story

When I Should Learn From Home



social story

Learning about the Coronavirus



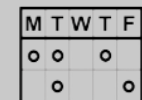
social story

Understanding My Zones



social story

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