

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

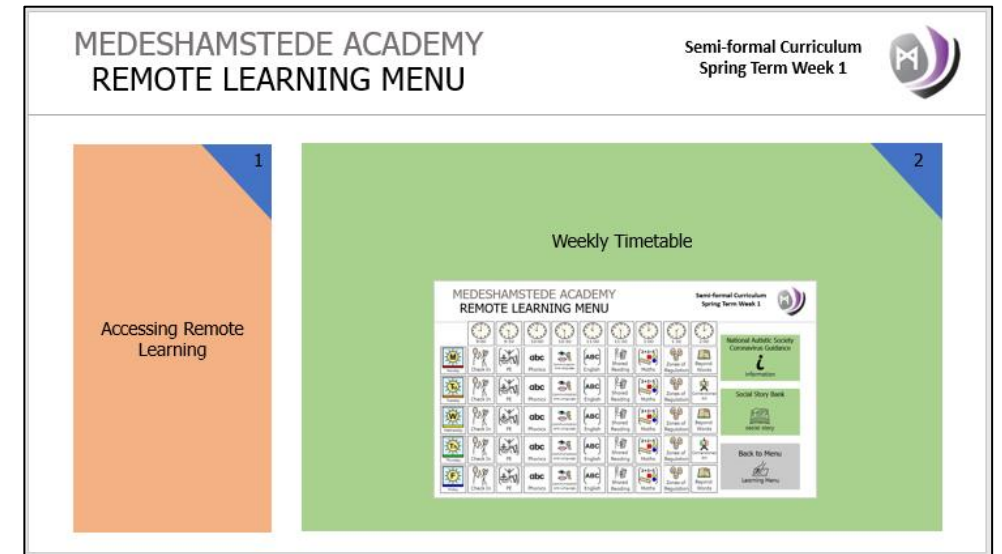
Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 2



Welcome to the Key Stage 3 Semi-Formal Remote Learning Menu.

The timetable in this resource will provide you with a 'menu' of learning sessions for 'stage rather than age' of your child. Your child will be able to select and access their chosen activities and subjects via Microsoft teams throughout the day and week. Sessions will be live as well as recorded to revisit and to access as required.

This menu offers a broad and relevant curriculum, including academic for cognition and learning needs as well as our core offer for therapeutic EHCP provision: Attention Autism, We Thinkers and Think social for communication and interaction and the 'Zones of Regulation' curriculum as part of occupational therapy, sensory, physical, social, emotional and mental health needs. Resources from PE coaches also offer remote physical development activities.



[CLICK TO ENTER THE MENU](#)

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 2



1

Accessing Remote Learning

2

Weekly Timetable

MEDESHAMSTEDE ACADEMY
REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term Week 5

	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30	2:00
Monday	Check In	P.E.	Communicator and Language	English	Shared Reading	2+3+5 Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Tuesday	Check In	P.E.	Communicator and Language	English	Shared Reading	2+3+5 Maths	Broader Curriculum	Zones of Regulation	Art
Wednesday	Check In	P.E.	Communicator and Language	English	Shared Reading	2+3+5 Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Thursday	Check In	P.E.	Communicator and Language	English	Shared Reading	2+3+5 Maths	Broader Curriculum	Zones of Regulation	Forest School
Friday	Check In	P.E.	Communicator and Language	English	Shared Reading	2+3+5 Maths	Broader Curriculum	Zones of Regulation	Beyond Words

National Autistic Society
Coronavirus Guidance
information

Social Story Bank
social story

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Learning Menu



Accessing Remote Learning

This menu provides your child with a range of lessons in their chosen activities and subjects which can be accessed through the interactive weekly timetable. Some lessons are pre-recorded while others are offered live. Pre-recorded lessons enable your child to revisit lessons or learn at their own pace.

Some lessons may require access to TEAMS or Microsoft stream, on these occasions you will be prompted for your child's username and password. Please contact the school if you require a reminder of your child's username or password.

Guide for accessing
TEAMS



information

National Autistic Society
Tips for Families



information

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Learning Menu

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REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 2



	9:00	9:30	10:00	10:30	11:00	11:30	1:00	1:30	2:00
Monday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Tuesday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Art
Wednesday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Beyond Words
Thursday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Forest School
Friday	Check In	P.E	Communication and Language	Shared Reading	English	Maths	Broader Curriculum	Zones of Regulation	Beyond Words

National Autistic Society
Coronavirus Guidance



Social Story Bank



social story

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Learning Menu

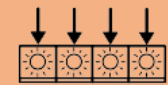


Check In

Join Mr Spalding for a repeatable daily check in and mindfulness activity. In the lesson your child can use the zones map to describe how they feel or their own zones check in at home, which can be created by following the weekly zones of regulation sessions.

This weeks session focuses on 'Mindful Breaths' to support regulation to the green zone.

Check In



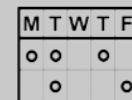
Daily

Zones of Regulation Map



visual support

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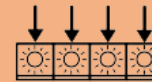


Physical Education

Join our PE Coaches Mr Day and Mr Hodgson for a repeatable daily activity. This week you can choose to play the Floor is Lava or take part in sock striking.

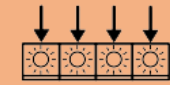
Revisit members of staff from Oak Academy as they guide you and your child on setting up and carrying out a sensory circuit. These lessons explore alerting, organising and calming activities and can be repeated each day to provide a daily sensory circuit for your child. Please consult your child's class teacher if you are unsure of how to set up a sensory circuit for your child.

PE Floor is Lava



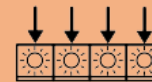
Daily

Sensory Circuits Part 1



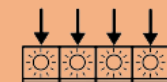
Daily

PE Sock Striking



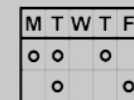
Daily

Sensory Circuits Part 2



Daily

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Communication and Language

Join Ms Callis for and recap a series of lessons developing sentence structure using the intervention colourful semantics.

(Visual support below)

Attention Autism

Choose from five highly motivating and visually based activities which can help develop natural and spontaneous communication.

Colourful Semantics Visual Support.



visual support



visual support

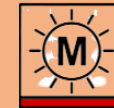


visual support



visual support

Lesson 1. Story Planner



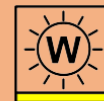
Monday

Lesson 2. To Understand Word Order

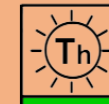


Tuesday

Lesson 3. Silly sentences in the correct word order

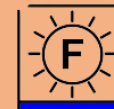


Wednesday



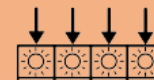
Thursday

Share a Smile



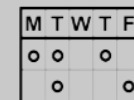
Friday

Attention Autism



Daily

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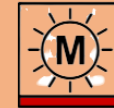
Timetable



Shared Reading

This week Miss Jones will continue to read 'The Lion the Witch and the Wardrobe', we will continue reading Chapter Five to Chapter Nine.

Chapter Five: Back on this side of the door.



Monday

Chapter Six: Into the Forest.



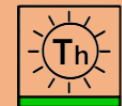
Tuesday

Chapter Seven: A Day with the Beavers



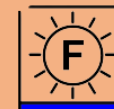
Wednesday

Chapter Eight: What happened after dinner?



Thursday

Choose a Chapter to listen to again.



Friday

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Timetable

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

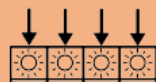
Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 2



English

Please follow the link to access your class lessons.

Daily Phonics



Daily

Woodpeckers



Kingfishers



Buzzards



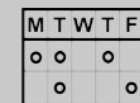
Hawks



Wolves



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English (Woodpeckers)

Join Miss Thulbourn for a series of lessons on Descriptive Sentences.

On Tuesday, join Miss Thulbourn for a Live Lesson and 11am

Lesson 1.
onomatopoeia's



Monday

Lesson 2. Live Lesson
11am



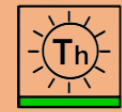
Tuesday

Lesson 3. Spooky
Spellings



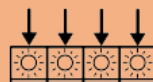
Wednesday

Lesson 4. Punctuation



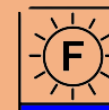
Thursday

Daily Phonics



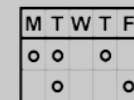
Daily

Lesson 5.



Friday

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English (Hawks)

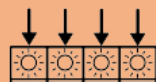
Monday to Thursday

This week we will continue exploring Native Americans.

Friday

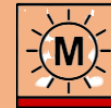
Independent Reading

Daily Phonics



Daily

Lesson 1. Native American Legends



Monday

Lesson 2. Native American Legends



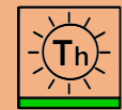
Tuesday

Lesson 3. Native American Legends



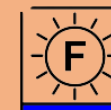
Wednesday

Lesson 4. Native American Legends



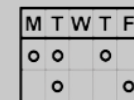
Thursday

Lesson 5. Independent Reading



Friday

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English (Kingfishers)

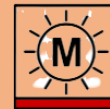
Monday – Wednesday

Join the National Academy for this weeks series of English Lessons

Thursday – Friday

Continue Class Reader: Friends or Foe, can you predict the ending?

Lesson 1. The Quest



Monday

Lesson 2. The Climatic Moment



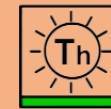
Tuesday

Lesson 3. The Ending



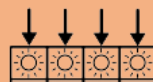
Wednesday

Lesson 4. Friends or Foe Chapter 7



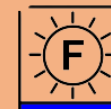
Thursday

Daily Phonics



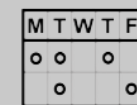
Daily

Lesson 5. Friends or Foe Chapter 8



Friday

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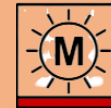
English (Wolves)

The Lion the Witch and the Wardrobe

This term, we will be exploring the book 'The Lion the Witch and the Wardrobe' by C.S Lewis.

This week we will continue with Chapters 5 – 8.

Chapter 5. Back on this side of the Door.



Monday

Chapter 6. Into the Forest.



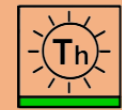
Tuesday

Chapter 7: A Day with the Beavers.



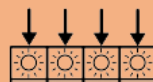
Wednesday

Chapter Eight: What happened after dinner.



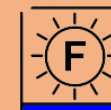
Thursday

Daily Phonics



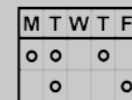
Daily

Independent Reading.



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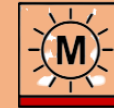
Timetable



English (Buzzards)

Join the Oak Academy for this weeks series of English.

Lesson 1. To practise and apply knowledge of suffixes: Plural, including a test



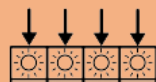
Monday

Lesson 2. To Investigate suffixes: Plural



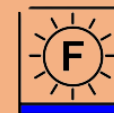
Wednesday

Daily Phonics



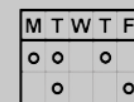
Daily

Lesson 3. To investigate homophones



Friday

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Maths

Please follow the link to access your class lessons.

Woodpeckers



Hawks



Kingfishers



Wolves



Buzzards



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	o			o

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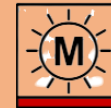


Maths

(Woodpeckers)

Join the Oak National Academy for this weeks Maths lessons on 'Shapes'.

Lesson 1. Sorting 2D Shapes



Monday

Lesson 2. Naming and describing 3D shapes



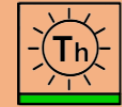
Tuesday

Lesson 3. Karate Cats – Shapes



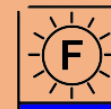
Wednesday

Lesson 4. Identifying 2D shapes on the surface of 3D shapes



Thursday

Lesson 5. Guardians of Mathematica



Friday

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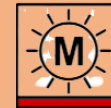
Timetable



Maths (Hawks)

Join the Oak National Academy for this weeks Maths lessons on 'Times Tables'. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. Recalling the 4 times table.



Monday

Lesson 2. Using arrays to represent the 3 and 4 times tables



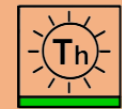
Tuesday

Lesson 3. Understanding that multiplication can be completed in any order.



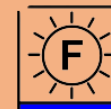
Wednesday

Lesson 4. Inverse Operations.



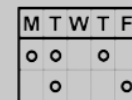
Thursday

Lesson 5. TT Rock Stars or Cool Maths Games



Friday

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Timetable



Maths (Kingfishers)

Join the National Academy for this weeks Maths lessons on 'Parts'. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. Equal Parts don't have to look the same



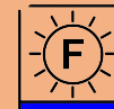
Tuesday

Lesson 2. Comparing the Size of Parts



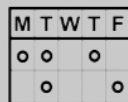
Wednesday

Lesson 3. Exploring the Size of the Parts



Friday

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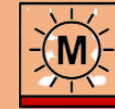
Timetable



Maths (Wolves)

Join staff at the Oak Academy and continue to explore angles and shapes this week. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 6. To identify perpendicular lines



Monday

Lesson 7. To draw perpendicular lines



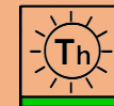
Tuesday

Lesson 8. To identify and explain parallel lines



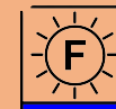
Wednesday

Lesson 9. To revise parallel and perpendicular lines



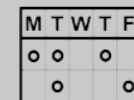
Thursday

Lesson 10. To identify rectangles including squares



Friday

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Timetable



Maths (Buzzards)

Join the National Academy for this weeks Maths lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. Identifying 2D shapes



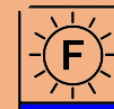
Tuesday

Lesson 2. Creating Patterns



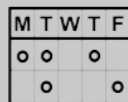
Wednesday

Lesson 3. Measuring Lengths



Friday

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Timetable

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 2



Broader Curriculum

Please follow the link to access your class lessons.

Woodpeckers



Hawks



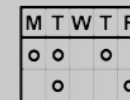
Kingfishers



Wolves



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Timetable



Broader Curriculum (Woodpeckers)

Science: What is the difference between an invertebrate and a vertebrate?

History: How has popular music changed over the last 60 years? (Part 2)

Art: Exploring printing with found objects

Geography: European Countries and their Capital Cities

Science



History



Art



Geography



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o	o	o		
o			o	

Timetable

MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 2



Broader Curriculum (Hawks)

Zones: Blue Zone Cartoon Drawing

Geography: What landforms do rivers create? (Part 2)

R.E: Where do Christians worship?

Zones: Martin Luther King Zones activity

Think Social: Scaling Our Problems

Zones of Regulation



Geography



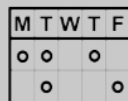
R.E



Zones of Regulation



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Timetable

Think Social



MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

Semi-Formal Curriculum
Key Stage 3
Spring Term 2 Week 2



Broader Curriculum (Kingfishers)

Enjoy exploring this weeks series of Broader Curriculum Lessons.

History – Morse Code



History – The Blitz Report



Zones in Me Part 1



Zones in Me Part 2



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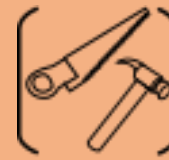
M	T	W	T	F
o	o	o		
o				o

Timetable

Art – WW2 Jeep



DT - Rationing



Zones – Understanding the Different Perspectives





Broader Curriculum (Wolves)

Science: How do fossils provide evidence for evolution?

Zones of Regulation: Treasure Hunt Challenge.

Zones of Regulation: Lucy looks into the wardrobe.

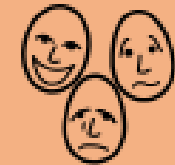
Geography: How do rivers shape the land?

Art: An introduction to creative crafts and experimentation with paper weaving

Science



Zones of Regulation



Zones of Regulation



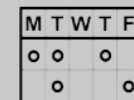
Geography



Art



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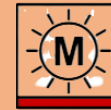
Timetable



Zones of Regulation

Join Mr Spalding for a series of lessons that explore the zones of regulation. This weeks series introduce the thinking tools size of the problem and inner coach vs inner critic.

Lesson 31. Expected and Unexpected Recap



Monday

Lesson 32. Size of Problem Thinking Part 1



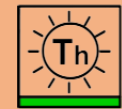
Tuesday

Lesson 33. Size of Problem Thinking Part 2



Wednesday

Lesson 34. Size of Problem Thinking Part 3



Thursday

Zones Check-in Resource
- Printable



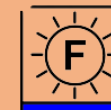
information

Zones of Regulation Map
- Printable



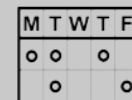
visual support

Lesson 35. Inner Coach Vs Inner Critic



Friday

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Timetable



Cornerstones Art

Join Ms Wincott for a series of art sessions created around the cornerstones curriculum.

This week Ms Wincott will show us new ways to draw mouths and teeth.

If you would like, you can also recap drawing cartoon eyes.

Recap. Drawing Cartoon
Eyes Part 1



Tuesday

Lesson 1. Creating cartoon characters
part 2a Mouths and Teeth



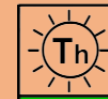
Tuesday

Recap. Drawing Cartoon
Eyes Part 2



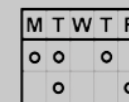
Thursday

Lesson 2. Creating cartoon characters
part 2b Mouths showing blue zones
emotions



Thursday

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Timetable



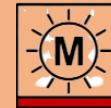
Beyond Words

Join Mr Spalding as we explore the wordless story 'Lenny and Lily Return to School.

Lenny and Lily have had different experiences of the lockdown, but now it's time for them to return to school. Lily is excited to go back and meet up with her friends again, but Lenny has enjoyed being at home with his family and feels more anxious.

When Lenny and Lily go back to school they both face different challenges. Lenny struggles to reconnect with his friends and find his place in the group. Lily has found home learning difficult and struggles to keep up with the pace of lessons in class. The story explores the range of emotions Lenny and Lily experience as they come back into school and rebuild relationships with their teachers and friends.

Lesson 13. Read your own story



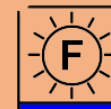
Monday

Lesson 14. Listen to the story



Wednesday

Lesson 15. Answering Questions



Friday

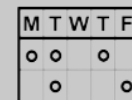
Lenny and Lily Return to School

Full Printable Story and Teaching Guide



information

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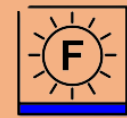
Timetable



Outdoor Learning

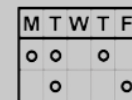
Join Mr Howick for a forest school session exploring Woodland Eco Systems.

Lesson 2. Woodland Eco Systems



Friday

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Social Story Bank

Social stories present social situations and views so that pupils can make informed decisions about their choices. In many cases this means explaining why other people follow a specific rule and then reinforcing the positive benefit of following this rule.

These stories may be useful in supporting your child to understand social situations and views that are currently impacting them. Including when they are learning from home. These resources have been taken from the MHA Transition Toolkit, a larger resource to support pupils understanding of new rules and transitions linked to Covid 19.

When I am Safer at Home



social story

There is Always a
Schedule



social story

When I Should Learn
From Home



social story

Learning about the
Coronavirus



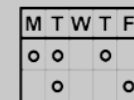
social story

Understanding My Zones



social story

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