

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

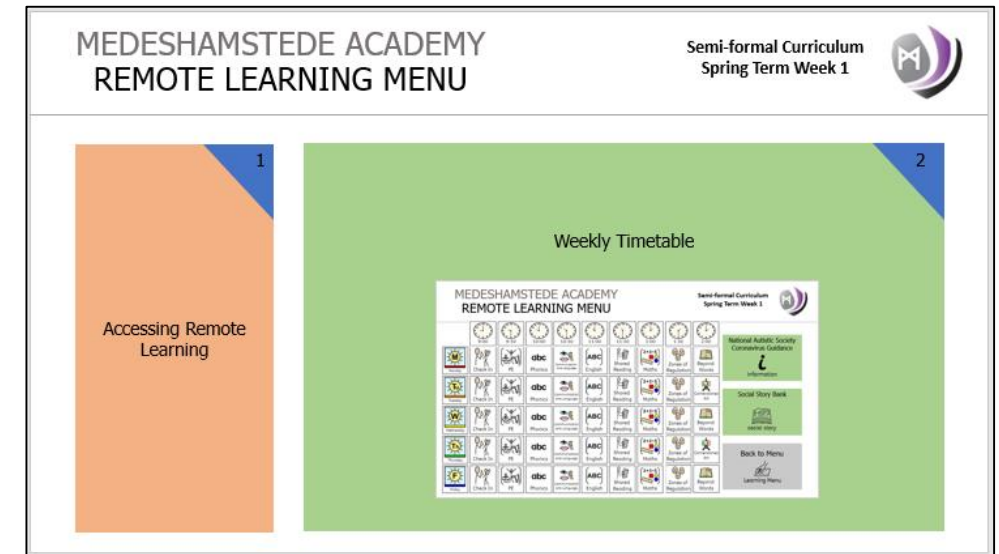
Semi-formal Curriculum
Spring Term Week 5



Welcome to the Semi-Formal Remote Learning Menu.

The timetable in this resource will provide you with a 'menu' of learning sessions for 'stage rather than age' of your child. Your child will be able to select and access their chosen activities and subjects via Microsoft teams throughout the day and week. Sessions will be live as well as recorded to revisit and to access as required.

This menu offers a broad and relevant curriculum, including academic for cognition and learning needs as well as our core offer for therapeutic EHCP provision: Attention Autism, We Thinkers and Think social for communication and interaction and the 'Zones of Regulation' curriculum as part of occupational therapy, sensory, physical, social, emotional and mental health needs. Resources from PE coaches also offer remote physical development activities.



[CLICK TO ENTER THE MENU](#)

MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU

Semi-formal Curriculum
Spring Term Week 5



1

Accessing Remote Learning

2

Weekly Timetable

| MEDESHAMSTEDE ACADEMY REMOTE LEARNING MENU | | | | | | | | Semi-formal Curriculum Spring Term Week 5 | |
|---|----------|------|----------------------------|---------|----------------|-------|---------------------|--|--|
| | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 | 11:30 | 1:00 | 1:30 | |
| M Monday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Beyond Words | National Autistic Society Coronavirus Guidance information |
| Tu Tuesday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Cornerszones Art | Social Story Bank social story |
| W Wednesday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Beyond Words | Back to Menu Learning Menu |
| Th Thursday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Cornerszones Art | |
| F Friday | Check In | PE | Outdoor Learning | English | Shared Reading | Maths | Zones of Regulation | Beyond Words | |



Accessing Remote Learning

This menu provides your child with a range of lessons in their chosen activities and subjects which can be accessed through the interactive weekly timetable.

Some lessons are pre-recorded while others are offered live. Pre-recorded lessons enable your child to revisit lessons or learn at their own pace.

Some lessons may require access to TEAMS or Microsoft stream, on these occasions you will be prompted for your child's username and password. Please contact the school if you require a reminder of your child's username or password.

Guide for accessing
TEAMS



information

Feedback on our remote
learning



feedback

Back to Menu



Learning Menu

MEDESHAMSTEDE ACADEMY

REMOTE LEARNING MENU

Semi-formal Curriculum
Spring Term Week 5



| | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 | 11:30 | 1:00 | 1:30 |
|-----------|----------|------|----------------------------|---------|----------------|-------|---------------------|------------------|
| Monday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Beyond Words |
| Tuesday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Cornerstones Art |
| Wednesday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Beyond Words |
| Thursday | Check In | PE | Communication and Language | English | Shared Reading | Maths | Zones of Regulation | Cornerstones Art |
| Friday | Check In | PE | Outdoor Learning | English | Shared Reading | Maths | Zones of Regulation | Beyond Words |

National Autistic Society
Coronavirus Guidance

information

Social Story Bank

social story

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Learning Menu

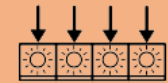


Check In

Join Mr Spalding for a repeatable daily check in and mindfulness activity. In the lesson your child can use the zones map to describe how they feel or their own zones check in at home, which can be created by following the weekly zones of regulation sessions.

This weeks mindfulness focus is 'Six Sides of Breathing' which is also a tool that your child can add to their zones of regulation toolkit. In the lesson your child will learn to carry out 'six sides of breathing' as a calming activity.

Check In



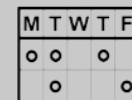
Daily

Zones of Regulation Map



visual support

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Timetable

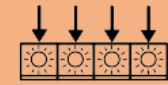


Physical Education

Join our PE Coaches Mr Day and Mr Hodgson for a repeatable daily activity. This week they repeat the session to create a reaction wall at home.

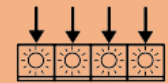
Revisit members of staff from Oak Academy as they guide you and your child on setting up and carrying out a sensory circuit. This lesson explores alerting, organising and calming activities and can be repeated each day to provide a daily sensory circuit for your child.

Sensory Circuits Part 1



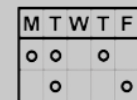
Daily

PE Morning Activity



Daily

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Timetable

MEDESHAMSTEDE ACADEMY

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Spring Term Week 5



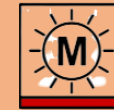
Communication and Language

Join Ms Callis for a series of lessons developing understanding of sentence structure using the intervention colourful semantics. This week Ms Callis continues exploring constructing sentences with 'who' 'what doing' and introduces 'what' words.

Attention Autism

Join Ms Travers for a repeatable attention autism session to support learners to develop early attention skills.

Lesson 5. What Doing
and What Words



Monday

Lesson 6. Doing Words



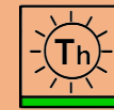
Tuesday

Lesson 7. What Words



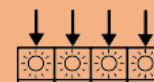
Wednesday

Lesson 8. Colour Coding
Who and What Words



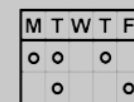
Thursday

Attention Magic



Daily

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Timetable

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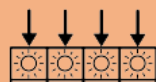
English

Join staff at the Oak Academy to develop your understanding of discussion. This series 'Discussion: Should animals be kept in zoos?' links to animal focused cornerstones topics. These lessons provide a blend of phonics, reading and writing.

Phonics

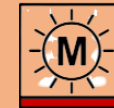
Access the phonics bank for a daily session. Your child's teacher can offer guidance on the lesson most appropriate for your child.

Phonics Bank



Daily

Lesson 6. To box up for purpose



Monday

Lesson 7. To identify features of a discussion



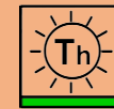
Tuesday

Lesson 8. To write a discussion part 1



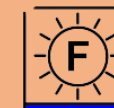
Wednesday

Lesson 9. To write a discussion part 2



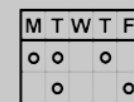
Thursday

Lesson 10. To write a discussion part 3



Friday

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Timetable

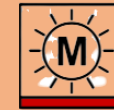


Shared Reading

Choose a story to listen to with your child. Each story is read by a familiar member of staff from Medeshamstede Academy.

You can repeat the same story each day to support your child's routine and daily structure. Alternatively more independent learners may wish to choose a new story to discover each day of the week.

The Ocean That Changed
Story



Monday

Call me Gorgeous
Story



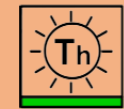
Tuesday

Were Going on a Bear
Hunt Story



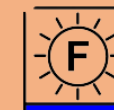
Wednesday

The Memory Tree
Story



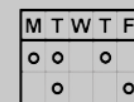
Thursday

Cave Baby
Story



Friday

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Timetable



Foundation Maths

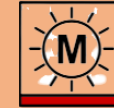
Join Ms Celaire for a lesson on grouping and then halves and quarters of a whole. These lessons follow the numicon schemes of work.

Later in the week re-join staff at the Oak Academy to recap the concept of subtraction and adding and subtracting.

Challenge

If these lessons are not challenging enough for your child then click here to explore the second series of lessons for calculation strategies within 20.

Lesson 1. Numicon -
Grouping



Monday

Lesson 2. Numicon –
Halves and Quarters



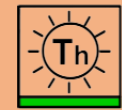
Tuesday

Lesson 3. Numicon –
Halves, Quarters of Whole



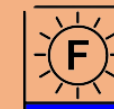
Wednesday

Lesson 4. (Recap) The
concept of subtraction



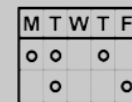
Thursday

Lesson 5. (Recap) Adding
and subtracting



Friday

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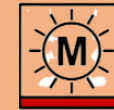
Timetable



Maths

Join staff at the Oak Academy to recall learning explored earlier this term exploring addition and subtraction within 10 in this week long series of lessons. This series of sessions assumes some understanding of early maths. In some cases your child may benefit from repeating a lesson to ensure they have understood the learning.

Lesson 1. To add by counting on



Monday

Lesson 2. To subtract by counting back



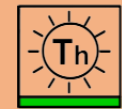
Tuesday

Lesson 3. To add a 1-digit number to a teens



Wednesday

Lesson 4. To subtract a 1-digit number from a teens

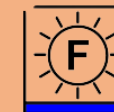


Thursday

Foundation

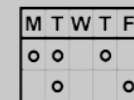
If these lessons are too challenging for your child then click here to explore addition and subtraction within 10.

Lesson 5. To use the make 10 strategy



Friday

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Timetable

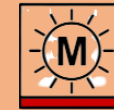


Zones of Regulation

Join Mr Spalding for a series of lessons that explore the zones of regulation. Your child will develop the knowledge and skills to be able to:

- Increase emotional vocabulary by labelling emotions
- Increase ability to understand body language by identifying different facial expressions

Lesson 16. The Zones in Me



Monday

Lesson 17. Understanding Different Perspectives



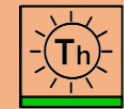
Tuesday

Lesson 18. Me in My Zones Part 1



Wednesday

Lesson 19. Me in My Zones Part 2



Thursday

Zones Check-in Resource
- Printable



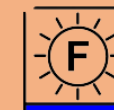
information

Zones of Regulation Map
- Printable



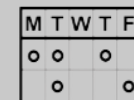
visual support

Lesson 20. How Do I Feel?



Friday

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Timetable

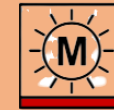


Beyond Words

Join Mr Spalding as we explore the wordless story 'Having a Test for Coronavirus'.

Bad days and good days explore the Belong Manifesto and strategies to have good days in lockdown. They also look at expected and unexpected behaviours and the feelings of others.

Lesson 10. Read your own story



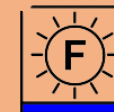
Monday

Lesson 11. Listen to the story



Wednesday

Lesson 12. Answering Questions



Friday

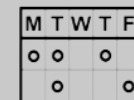
Having a Home Test for Coronavirus

Full Printable Story and Teaching Guide



information

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Timetable



Cornerstones Art

Join Ms Wincott for a series of art sessions created around the cornerstones curriculum.

This week Ms Wincott continues the animal art print project series.

Lesson 1.
Animal Art Print

Revisit Lesson

Lesson 4.
Animal Art Print

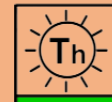


Tuesday

Lesson 2.
Animal Art Print

Revisit Lesson

Lesson 5.
Animal Art Print

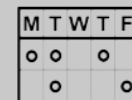


Thursday

Lesson 3.
Animal Art Print

Revisit Lesson

Back to Timetable



Timetable



Social Story Bank

Social stories present social situations and views so that pupils can make informed decisions about their choices. In many cases this means explaining why other people follow a specific rule and then reinforcing the positive benefit of following this rule.

These stories may be useful in supporting your child to understand social situations and views that are currently impacting them. Including when they are learning from home. These resources have been taken from the MHA Transition Toolkit, a larger resource to support pupils understanding of new rules and transitions linked to Covid 19.

When I am Safer at Home



social story

There is Always a
Schedule



social story

When I Should Learn
From Home



social story

Learning about the
Coronavirus



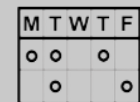
social story

Understanding My Zones



social story

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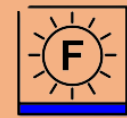
Outdoor Learning

Join Mr Howick for a forest school session exploring 'Cleo the Caterpillar'.

This session explores the caterpillar life cycle.

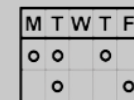
Lesson 2.

Cleo the Caterpillar



Friday

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Timetable



Phonics Bank

Understanding phonics helps your child to learn to read quickly and skilfully and is an essential part of your child's education.

At Medeshamstede Academy we use the Letters and Sounds programme to teach phonics systematically. In this section you can access daily lessons delivered by the Letters and Sounds programme.

Your child's teacher will guide you on what lessons are appropriate and may recommend a phase or set for you to choose. If you are not sure which lessons your child should watch or your child finds the lessons too difficult, then please contact your class teacher.

Guide to Pronouncing
Phonemes

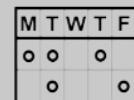
Phonics

Phase 2

Phonics

Phase 3

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Timetable

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Spring Term Week 5



Phonics Phase 2

Set 1: s, a, t, p
Set 2: i, n, m, d
Set 3: g, o, c, k
Set 4: ck, e, u, r
Set 5 (Part 1): h, b, f, l
Set 5 (Part 2): ff, ll, ss

Phonics

Set 1

Phonics Session

Set 2

Phonics Session

Set 3

Phonics Session

Set 4

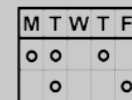
Phonics Session

**Set 5
Part 1**

Phonics Session

**Set 5
Part 2**

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Timetable



Phonics

Phase 3

Set 6: j, v, w, x

Set 7: y, z, zz, qu

Consonant digraphs: ch, sh, th, ng

Vowel digraphs (1): ai, ee, igh, oa

Vowel digraphs (2): oo, ar, or

The below set is still being developed:
Vowel digraphs: ur ow, oi, ear, air, ure, er

Phonics

Set 6

Phonics Session

Set 7

Phonics Session

**Consonant
digraphs**

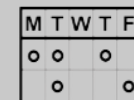
Phonics Session

**Vowel digraphs
part 1**

Phonics Session

**Vowel digraphs
part 2**

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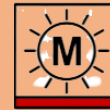
Phonics

Phase 2

Set 1: s, a, t, p

Phonics Session

s



Monday

Phonics Session

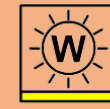
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Tuesday

Phonics Session

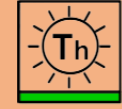
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Wednesday

Phonics Session

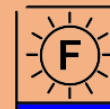
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Thursday

Phonics Session

s a t p recap



Friday

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Semi-formal Curriculum
Spring Term Week 5



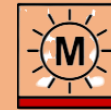
Phonics

Phase 2

Set 2: i, n, m, d

Phonics Session

i



Monday

Phonics Session

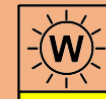
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Tuesday

Phonics Session

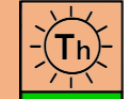
m



Wednesday

Phonics Session

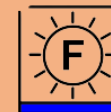
d



Thursday

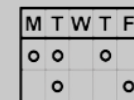
Phonics Session

i n m d recap



Friday

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Semi-formal Curriculum
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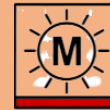
Phonics

Phase 2

Set 3: g, o, c, k

Phonics Session

g



Monday

Phonics Session

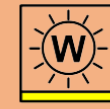
o



Tuesday

Phonics Session

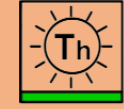
c



Wednesday

Phonics Session

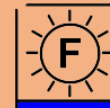
k



Thursday

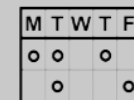
Phonics Session

g o c k recap



Friday

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Timetable

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Semi-formal Curriculum
Spring Term Week 5



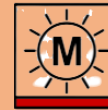
Phonics

Phase 2

Set 4: ck, e, u, r

Phonics Session

ck



Monday

Phonics Session

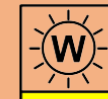
e



Tuesday

Phonics Session

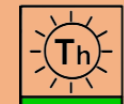
u



Wednesday

Phonics Session

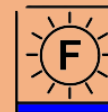
r



Thursday

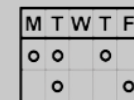
Phonics Session

ck e u r recap



Friday

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Spring Term Week 5



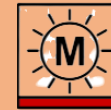
Phonics

Phase 2

Set 5: h, b, f, l

Phonics Session

h



Monday

Phonics Session

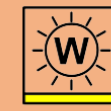
b



Tuesday

Phonics Session

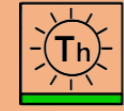
f



Wednesday

Phonics Session

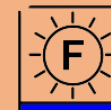
l



Thursday

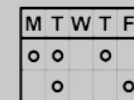
Phonics Session

h b f l recap



Friday

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Spring Term Week 5



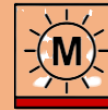
Phonics

Phase 2

Set 5: ff, ll, ss

Phonics Session

ff



Monday

Phonics Session

ll



Tuesday

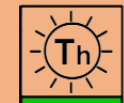
Phonics Session

ss



Wednesday

Phonics Session
ff ll ss recap part 1



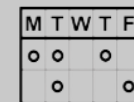
Thursday

Phonics Session
ff ll ss recap part 2



Friday

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Spring Term Week 5



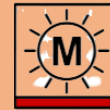
Phonics

Phase 3

Set 6: j, v, w, x

Phonics Session

j



Monday

Phonics Session

v



Tuesday

Phonics Session

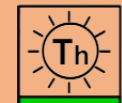
w



Wednesday

Phonics Session

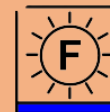
x



Thursday

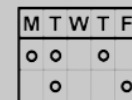
Phonics Session

j v w x recap



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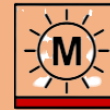
Phonics

Phase 3

Set 7: y, z, zz, qu

Phonics Session

y



Monday

Phonics Session

z



Tuesday

Phonics Session

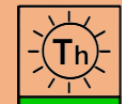
zz



Wednesday

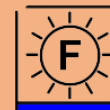
Phonics Session

qu



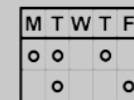
Thursday

Phonics Session
y z zz qu recap



Friday

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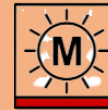


Phonics

Phase 3

Consonant digraphs: ch, sh, th, ng

Phonics Session
ch



Monday

Phonics Session
sh



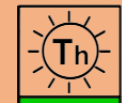
Tuesday

Phonics Session
th



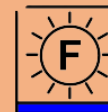
Wednesday

Phonics Session
ng



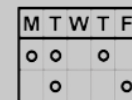
Thursday

Phonics Session
ch sh th ng recap



Friday

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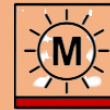
Phonics

Phase 3

Vowel digraphs (1): ai, ee, igh, oa

Phonics Session

ai



Monday

Phonics Session

ee



Tuesday

Phonics Session

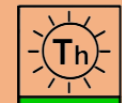
igh



Wednesday

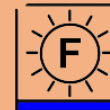
Phonics Session

oa



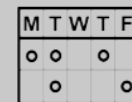
Thursday

Phonics Session
ai ee igh oa recap



Friday

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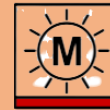


Phonics

Phase 3

Vowel digraphs (2): oo, ar, or

Phonics Session
oo (part 1)



Monday

Phonics Session
oo (part 2)



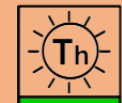
Tuesday

Phonics Session
ar



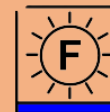
Wednesday

Phonics Session
or



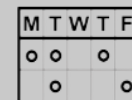
Thursday

Phonics Session
oo ar or ur recap



Friday

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