

		Monday	Tuesday	Wednesday	Thursday	Friday
Choose	Main Meal	Tomato & basil sauce  Quorn bolognese  Jacket Potato	Pork sausage roll  Meat free roll  Jacket potato	Roast Chicken Roasted quorn fillet Jacket potato	Chicken curry  Quorn curry  Jacket potato	Breaded fish Jacket potato
from the red section	Sandwiches	Cheese Jam	Cheese Tuna mayo and cucumber	Cheese Ham	Cheese Jam	Cheese Tuna mayo and cucumber
Choose  2 from the green section	Side Dish	Pasta Baked beans	Mash potato Sweetcorn Baked beans	Roast Potatoes Peas and carrots Gravy	Rice Garlic bread Baked beans	Diced cubes Baked Beans Peas
Choose  from the yellow section	Dessert	Muffin Yoghurt Shortbread Gingerbread	Muffin Yoghurt Shortbread Gingerbread	Muffin Yoghurt Shortbread Gingerbread	Muffin Yoghurt Shortbread Gingerbread	Muffin Yoghurt Shortbread Gingerbread