



PE and Sports Premium Plan September 2025 – August 2026

Our mission is simple, **we strive to provide the very best for every child, every day.** In doing so our pupils are at the centre of everything we do, creating an environment that supports development and prepares each child for the future by fostering knowledge and skill which will allow them to thrive in adult life.

PE and Sports Premium Plan: September 2025 – August 2026

Allocation for 2025 – 2026: £16,530

Key indicators

Medeshamstede Academy will utilise the following 5 key indicators to ensure improvement within PE and Sports.

1. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
2. The engagement of all pupils in regular physical activity.
3. The profile of PE and sport is raised across the school as a tool for whole-school improvement.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sports.

Key priorities and planning

Action – what are we planning to do.	Who does this action impact?	Key indicators to meet	Impact and how sustainability will be achieved.	Costs linked to the action
School performance against national swimming and water-safety targets to improve by providing swimming session for Year 5 and 6 students.	Year 5 and 6 students.	Key indicator 2.	Students given the best opportunity to achieve the required level of swimming competency. Where required students will access further targeted sessions to support them with aspirations of reaching national swimming and water safety targets.	£4,400
Develop teachers knowledge and skill set to support students ability to successfully access a range of PE, sports and physical activities and programmes. - Continued partnership working with Love PE achieved through 3 x network and training session and a bespoke academy support package (2 days). - External OT staff are commissioned to review access arrangements for students to ensure they can participate in a range of structured programmes and activities.	All students	Key indicator 1.	Students will access a range of high-quality PE, sports and physical activities and programmes catered to their specific special educational needs. All students will make progress within the area of physical development.	£4,764
Increase opportunities for pupils to participate in a range of PE, sports and physical activities and programmes.	All students	Key indicator 2, 3 and 4.	Students will access a range of high-quality PE, sports and physical activities and programmes catered to their specific special educational needs.	£5,000

• Ensure resourcing is in place to introduce two new sports into the semi-formal and formal PE scheme of learning. • Introduce additional equipment and resources that increase participation in physical activity during break times and at other unstructured times.			Student will be provided with additional opportunities that promotes progress within the area of physical development.	
Further develop and enhance wider curriculum opportunities where there is a specific focus on PE, sports, physical activity or healthy lifestyles. • Review arrangements for Sports Day. Developing these arrangements to meet the specific needs of students within different learning pathways. • Introduce 3 x interschool sporting competitions with either local primary schools and/or specialist schools. • Provide a number of dance workshops exploring different curriculum themes and culture and enrichment themes. • Ensure there are specific physical activities provided for pupils as part of the schools 'Healthy Lifestyles' week.	All students	Key indicator 2, 3, 4 and 5	Students will access a range of high-quality PE, sports and physical activities and programmes catered to their specific special educational needs. Students will have the opportunity to experience competitive sports in a safe and supportive environment. Therefore, developing positive sporting behaviours and skills of perseverance, acceptance and tolerance All students will make progress within the area of physical development.	£2,366

Key achievements 2025 – 2026

Section to be completed at the end of the academic year to showcase the key achievements made with PE and Sports Premium spending.

Activity / Action	Impact	Comments
School performance against national swimming and water-safety targets to improve by providing swimming session for Year 5 and 6 students.	The provision of dedicated swimming sessions for Year 5 and Year 6 pupils has enabled students to develop their swimming ability, water confidence and water safety awareness. While a number of pupils have not yet met the national swimming and water-safety targets due to their individual needs and starting points, all pupils have made progress from their baseline levels. The programme has had a particularly positive impact on pupils' confidence in accessing and engaging with a swimming pool environment. Pupils have developed greater independence in entering the pool, moving	No further comments.

	through water, participating in structured swimming activities and responding to water-safety instructions. All pupils have been supported to develop swimming strokes appropriate to their stage of development, resulting in improved physical competence, confidence and enjoyment of physical activity.	
Develop teachers knowledge and skill set to support students ability to successfully access a range of PE, sports and physical activities and programmes.	The PE Lead has actively engaged in Trust-led professional development opportunities throughout the year, including attendance at the Sports Development Day and participation in wider Trust support networks. This has strengthened subject knowledge, increased awareness of effective PE provision and supported the sharing of good practice across settings. As a result, staff confidence and understanding of how to adapt PE, sport and physical activities to meet the diverse needs of pupils has continued to improve. Whilst progress has been made, further development is required to enhance provision for pupils within the Discover Pathway. Continued focus is needed to ensure that staff have the specialist knowledge, skills and strategies required to deliver highly personalised physical activity programmes that meet the complex and individual needs of these learners. This will remain a priority moving forward to ensure all pupils can access and succeed in PE, sport and physical activity at an appropriate level.	No further comments.
Further develop and enhance wider curriculum opportunities where there is a specific focus on PE, sports, physical activity or healthy lifestyles.	The school has continued to develop and enhance wider curriculum opportunities that promote PE, sport, physical activity and healthy lifestyles. Through careful planning and a review of previous provision, Sports Day was successfully redesigned to improve accessibility, participation and enjoyment for all pupils. The event enabled pupils across the school to engage in a range of physical activities, celebrate personal achievement and experience positive competition and teamwork. A highly successful Healthy Lifestyles Week further enriched the curriculum and provided pupils with opportunities to develop their understanding of physical health and wellbeing. Through a range of practical	No further comments.

	activities and themed learning opportunities, pupils explored the importance of exercise, healthy choices and active lifestyles in an engaging and meaningful way. In addition, pupils participated in specialist dance workshops, which provided opportunities to develop physical coordination, creativity, confidence and self-expression. As a result of these enhanced opportunities, pupils have demonstrated increased engagement in physical activity, improved awareness of healthy lifestyle choices and greater enjoyment of participating in sport and exercise. The range of activities offered has contributed positively to the school's culture of promoting health, wellbeing and active lifestyles for all learners.	
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Swimming data

Meeting national curriculum requirements for swimming and water safety.

Question	Stats	Further context (relative to local challenges)
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	27%	Throughout the year, pupils have worked hard to develop their swimming skills and water confidence during their allocated swimming sessions. Although the percentage of pupils meeting the national swimming requirements remains low, significant progress has been made in developing confidence and engagement within the aquatic environment. Pupils have become increasingly confident in accessing the swimming pool, both independently and with adult support, as appropriate to their individual needs. Many have developed confidence in moving through the water, walking in shallow areas, and engaging in water-based play activities, which are important foundations for future swimming development. All pupils have been supported to develop swimming strokes, with each pupil working at an individual stage appropriate to their level of need and ability. For many pupils, the focus has been on building confidence, participation, and water safety skills, resulting in positive progress towards their personal swimming goals. The programme has enabled pupils to develop essential physical skills while fostering confidence and independence in the water.
What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?	0%	
What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?	0%	This measure is not currently applicable for our cohort. Pupils are working towards the foundational skills required to access this standard, with teaching focused on developing confidence, engagement, water safety and early swimming skills.

Plan sign off

Person	Signature
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Principal	
Subject Leader	Ferdy Baker
Date	18.09.2026